



THE ABERDEEN BOAT CLUB

Four Peaks Race 2009

Racing Instructions

1. General Conditions

1.1 Date

The event will be held over the weekend of Saturday 17 and Sunday 18 January 2009.

Racing will be in the coastal waters between Port Shelter in the eastern part of Hong Kong and Lantau Island in the southwest and will include the ascent by Shore Parties of four peaks for both Division A and Division B.

1.2 Organising Authority

The organising authority is the Aberdeen Boat Club Ltd, 20 Shum Wan Road, Aberdeen, Hong Kong (the Club).

1.3 Rules

The race will be governed by The Racing Rules of Sailing 2009-2012, (the RRS, published by the Hong Kong Sailing Federation and these Racing Instructions (the RI).

Competitors are reminded that they must also comply with all relevant requirements of the Hong Kong Marine Department and the International Regulations for the Prevention of Collisions at Sea.

1.4 Notices to Competitors

Notices to competitors (L Notices) will be posted on the Sailing Notice Board at the Club. Any change to the Racing Instructions will be posted not later than 1800 hours on the day before the start of race.

1.5 Safety

Boats shall be of a thoroughly seaworthy type with a minimum LOA of 23 feet. They shall comply with the ORC Special Regulations Category 4 and have an engine fitted that is capable of propelling the boat at a speed in knots equal to the square root of its waterline length measured in feet. Boats may be checked for compliance with these requirements before, during and after the race.

An engine may be used for propulsion in a man-overboard situation, to render assistance, to avoid collision, or in any other emergency. In each case, full details shall be declared on the Motoring Declaration Form, and in the boat's Race Declaration Form.

A boat shall neither enter the starting area nor the race with its anchor or equipment of a similar nature positioned or projecting outside the sheer line of the boat except when anchored, anchoring or retrieving an anchor.

When transferring from boat to shore and vice versa between sunset and sunrise, swimmers and Shore Party transfer craft must display a conspicuous, all round, white light.

All required equipment shall:

- function properly

- be readily accessible
- be suitable for its intended use, the size of the boat and the number of crew.

The use of mobile phones is encouraged in the interests of safety and race administration.

1.6 Eligibility

Eligible boats are those that meet the safety requirements and have an HKPN rating allocated by the Hong Kong Cruiser Owners Association (COA) or a valid IRC Certificate.

The Race Committee reserves the right to amend or issue a boat's HKPN rating for the race. This will be at the discretion of the Race Committee and will not be subject to protest or claim for redress.

Other boats may be accepted at the discretion of the Race Committee, which may also reject any entry that it considers to be unsuitable, or impose other conditions if required.

1.7 Entry

Entry may be made by submitting a completed entry form and crew list to the Club before 1700 hours on Monday 12 January 2009.

The entry fee is HK\$800. Late entries may be accepted at the discretion of the Race Committee up to 0900 hours on Saturday 17 January 2009 but these will be subject to an additional late entry fee of HK\$500 if received after Monday 12 January 2009.

Entry fees will not be refunded for withdrawals made after 1700 hours on Monday 12 January 2009.

The crew list may be submitted separately from the entry form but must be submitted to the Club by 1700 hours on Monday 12 January 2009.

Any change to the crew list must be submitted to the Club in writing before the start of the race.

1.8 Crew Requirements

The minimum number of crew, including the skipper, shall be 5.

All crew members except up to three shall complete the ascent of at least one peak.

1.9 Classes and Divisions

Racing will be held in the following classes and divisions:

Division A:

Class I	:	Monohulls with valid IRC Certificates
Class II	:	Monohulls with HKPN of 949 and below
Class III	:	Monohulls with HKPN of 950 – 1075
Class IV	:	Multihulls

Division B:

Monohulls with an HKPN of 1076 and above, and optional for boats with a rating of 950 and above.

Motoring Division:

Boats that transfer to Motoring Division as per RI No 1.10

A boat may compete in a class higher than that indicated by its rating, but not lower, subject to the approval of the Race Committee.

Monohulls with an HKPN of 950 – 1075 may compete in either Division A Class III, or in Division B. Monohulls with an HKPN of 1076 and above may only compete in Division B.

A boat from Division A, Class III, may change Divisions at any time prior to the start provided that the Race Committee has been informed prior to the warning signal of the Division A start, and approval obtained.

The Race Committee may re-allocate the designated classes and divisions at the skippers briefing, subject to the number of entrants in each class.

1.10 Motoring Division

A boat may transfer to Motoring Division by electing to motor at any time after 30 minutes from its start.

Motoring time of up to 15% of elapsed time i.e. Primary Motoring Time (PMT), will attract a time penalty equal to $PMT \times$ the boat's Motoring Factor (K). Motoring time of more than 15% of elapsed time i.e. Subsequent Motoring Time (SMT), will attract an additional time penalty equal to $3 \times SMT \times K$.

All periods of motoring (including distances, established either by GPS or by a distance log reading at the start and finish of each such period) shall be logged on the Motoring Declaration Form provided at the race briefing and shall be submitted along with the boat's Race Declaration Form. Failure to comply with this instruction may result in disqualification.

For result purposes each period of motoring will be taken as a minimum of 30 minutes

1.11 VHF Radios

Each boat shall carry a VHF radio and maintain a radio watch on VHF Channel 72 whilst racing.

Race Control will communicate on VHF Channel 72 and may issue specific race instructions on this Channel, e.g. notification of a shortened course. Race Control will endeavour to transmit any such communication at 15 minutes past the hour.

In the interests of safety and race administration, a boat may contact Race Control by telephone or VHF Channel 72 at any time during the race. Such transmissions should be brief.

1.12 Position Checks

For safety reasons, all boats are required to contact Race Control by telephone or on VHF Channel 72 and give their times and GPS positions when in the vicinity of Po Toi Island for Division A and Chesterman Buoy for Division B on the leg to Mt. Stenhouse, and again for Division A, when approaching the Lantau Peak Dropping Zone on the way to Lantau.

1.13 Declarations and Retirements

After finishing, boats shall submit their completed Race Declaration Forms, Hill Running Times and Motoring Declaration Forms (if appropriate) to the Club by 1200 hours on Monday the 19th January 2009. Forms received after this time may be considered as invalid.

A boat that retires from the race shall report this to Race Control by telephone or on VHF Channel 72 as soon as practicable and shall obtain an acknowledgement.

1.14 Protests

Protests and claims for redress shall be made in accordance with the RRS.

The Race Committee may also protest a boat as a result of reports made to it by a member of a Peak Control or safety boat team. This is in addition to RRS Rule 60.2.

The protest fee for participants is HK\$500 and the protest time limit is 1200 hours on Monday the 19 January 2009. Protests received after the time limit, or not accompanied by the relevant protest fee will be considered as invalid.

1.15 Penalties

The penalty for an infringement of the Hill Climbing Rules in Part 3 of the RI will normally be a time penalty as specified in the RI, or if unspecified, will be determined by the Race Committee. Repeated or gross violations of the Hill Climbing Rules may result in disqualification at the discretion of the Race Committee.

1.16 Advertising

Advertising shall be Category C in accordance with the ISAF Regulations. If supplied, each boat shall display the race sponsor's decals in the forward 20% of its hull on each side of the bow and display the race sponsor's burgee on its permanent backstay.

1.17 Insurance

Each boat shall have valid third party insurance and entrants shall produce their Certificate of Insurance if requested by the Race Committee.

1.18 Liability

All competitors in the race do so at their own risk and neither the sponsors nor The Aberdeen Boat Club (including its employees, members, volunteers and any organization, company or person supporting or involved in the event) will accept any liability for any loss, damage or injury, to boats, to their crew, or to others.

2. Sailing Rules

2.1 Starting System

The starting system will be in accordance with RRS Rule 26 with the warning signal given 5 minutes before the starting signal.

A division shall be regarded as a class for RRS starting and signalling purposes.

2.2 Starting Times and Flags

Starting times and flags will be as follows:

	Start Time	Flag
Division A Classes I, II & III	11.00	J
Division B	11.05	K
Division A Class IV	11.10	E
All divisions starting together	11:10	U

In the event of a delay or postponement to one start, subsequent starts shall be delayed accordingly without the need to indicate such delay.

2.3 The Start

The starting line will be laid in Tai Tam Bay south of the quarry and will be a line between a signal mast displaying an orange flag on the Committee Boat at the starboard end of the line, and an inflatable club buoy laid as an outer distance mark (ODM) at the port end. An inner distance mark (IDM) may also be laid, in which case boats shall pass between the ODM and the IDM when starting.

The Committee Boat will fly a blue flag when on station at the start.

2.4 Courses

Two courses will be set, one for Division A and another for Division B. These will be selected from the courses shown in Appendix A and will be indicated by two IC numeral pennants hoisted one above the other on the Committee Boat, at or before the warning signal for the first start. The course pennant for Division A will be hoisted above the course pennant for Division B.

The course for Division A will be either Course 1 or Course 2. The course for Division B will be Course 3.

If a windward mark is laid, a red or green flag will be displayed on the Committee Boat to indicate that such a mark is to be rounded and left to port or starboard respectively.

A boat shall not pass to the north of Lamma Island Competitors are reminded of the provisions in Rule 10 of the International Regulations for the Prevention of Collisions at Sea, which state that (a) if it is necessary to cross a Traffic Separation Scheme, boats should, as far as practicable, do so at right angles to the traffic lanes; and (b) a sailing vessel shall not impede the safe passage of a power-driven vessel following a traffic lane.

2.5 The Finish

The finishing line will be laid in the vicinity of Middle Island at the approximate position 22° 14.0'N 114° 10.75'E and will be a line between a signal mast displaying an orange flag on a Committee Boat at the starboard end of the line, and an inflatable club buoy laid as an outer distance mark (ODM) at the port end. The ODM will display an all round flashing white light during the hours of darkness.

When crossing the finishing line in the dark, a boat shall illuminate its sail number and advise Race Control either by telephone or on VHF Channel 72.

In the unlikely event that there is no Committee Boat on station at the finish, boats shall record their own times when the finishing line ODM is at a bearing of 270⁰M from the stem-head of the boat. This time shall be submitted with the boat's declaration.

The finishing line shall not be subject to protest or claim for redress.

2.6 Shortened Course

The course may be shortened at any mark of the course or at any Peak Control. In this event the requirement for all crew members except three to complete the ascent of at least one peak shall not apply.

If the course is shortened at a Peak Control, Shore Parties will be informed by the Peak Control. Radio announcements will also be made on VHF Channel 72.

If the course is shortened at a mark of the course, the finishing line will be a line between a signal mast displaying an orange flag on a Committee Boat at one end of the line and the selected mark as the ODM at the other end. The course mark shall be left to the side indicated in the course details and the Committee Boat will be positioned accordingly at either the port or starboard end of the line, so that boats will cross the line in the direction coming from the previous mark or Dropping Zone.

In the event that not all boats complete the full or shortened course before the time limit, the Race Committee may decide that the race results will be based on the times taken at a suitable Peak Control. Such times will be those of the last member of a Shore Party to reach the Peak Control.

In the event that the course is shortened, a boat may elect to continue sailing to complete the full course and compete for the All The Way Prize. A boat electing to do so shall immediately inform Race Control, either by telephone or on VHF Channel 72.

2.7 Time Limit

The time limit for the race is 2000 hours on Sunday the 18 January 2009.

2.8 Transferring Shore Parties

Shore Parties shall go ashore and return to their boats in the same sequence as the peaks to be climbed. They shall disembark from and return to the boat in the designated Dropping Zones and shall be transferred to and from the shore by swimming, by shore party transfer craft or by the boat itself.

Shore party transfer craft means any tender, inflatable dinghy, kayak, canoe or other floating device, which shall be carried on board the boat whilst outside the designated Dropping Zones and shall be powered by paddles, oars or sail.

A boat may come alongside a pier or jetty for a period long enough to disembark or pick up a Shore Party but it shall not make fast and shall immediately lie-off so as not to obstruct other boats.

Towing a boat, by rowing or paddling one of its shore transfer craft is permitted within the Dropping Zones but not elsewhere. Rowing a boat is not permitted at any time during the race.

Boats in sailing divisions are not permitted to motor in the Dropping Zones. Any such motoring will constitute a transfer to Motoring Division.

When transferring from boat to shore and vice versa at night, swimmers and shore party transfer craft must display a conspicuous, all round, white light e.g. one of the Personal Strobe Safety Lights, which are available from most boating supplies companies.

Transfer craft shall not be left in the water tethered to any part of a public pier nor left in such a way so as to impede other competitors. This would include any access steps considered part of the pier. Transfer craft may be left in other public areas provided they are left in a location which is both safe and which will not obstruct other Shore Parties or the general public. Any breach of this rule may result in such penalty or disqualification as may be determined by the Race Committee.

All persons shall wear a life jacket whilst swimming or in shore party transfer craft.

2.9 Dropping Zones for Shore Parties

- (a) The Port Shelter Dropping Zone is the area to the northwest of a line joining:
Point (22°19.2'N 114°17.3'E) (Pa Tau Kok)
The north tip of Shelter Island (Ngau Mei Chau)
The south tip of Kau Sai Chau
The south tip of Wong Yi Chau
Point (22°23.0'N 114°18.9'E)
- (b) The Lamma Island Dropping Zone is the area enclosed by a line joining:
Po Lo Tsui
Point (22°10.0'N 114°6.0'E)
Point (22°10.0'N 114°10.0'E)
Point (22°13.50'N 114°10.0'E)
The Eastern tip of Luk Chau (George Island)

Point (22°14.6'N 114°13.9'E)
- (c) The South Lantau Dropping Zone is the area north of a line joining:
Luk Keng Shan Peninsula south east point (22°12.6'N, 113°55.8'E) and Tsui Pai
(22°13.1'N 113°58.8'E)
- (d) The Repulse Bay Dropping Zone is the area enclosed by a line joining:
Point (22°14.3'N 114°11.3'E)
Point (22°13.0'N 114°11.0'E)
Point (22°11.0'N 114°12.5'E)
Point (22°11.0'N 114°13.9'E)
Point (22°14.6'N 114°13.9'E)

2.10 Navigation Lights

Between sunset and sunrise, the appropriate navigation lights, including anchor lights, shall be lit in accordance with The International Regulations for the Prevention of Collisions at Sea, Part C, Steering & Sailing Rules.

2.11 Automatic Steering

Automatic steering devices are prohibited.

2.12 Engines

An engine may be used for charging batteries, pumping bilges or supplying power for weighing anchor or refrigeration while in neutral. An engine may also be used when appropriate to avoid collision or in grave emergency and the facts reported on the declaration.

3. Hill Climbing Rules

3.1 The Peaks

The peaks to be climbed are as follows:

Division A

Ma On Shan (702m)	- GR 216870E 248089N
Mt Stenhouse (353m)	- GR 203550E 245705N
Lantau Peak (934m)	- GR 800725E 246351N
Violet Hill (433m)	- GR 211140E 246328N

Division B

Ma On Shan (702m)	- GR 216870E 248089N
Violet Hill (433m)	- GR 211140E 246328N
Mt Stenhouse (353m)	- GR 203550E 245705N
Violet Hill (433m)	- GR 211140E 246328N

All grid references are UTM Grid.

3.2 Peak Controls

On each peak there will be a Peak Control. Shore Parties shall check in with the Peak Control and record their names and the name of their boat on the form provided.

For result calculation purposes, the Peak Control will record the time of the last member of each Shore Party to arrive at the control point.

In the event that there is no Peak Control on station at a peak, a Shore Party shall record the time of arrival of its last member and the boat shall submit this with its declaration.

3.3 Shore Parties

A Shore Party shall comprise at least two persons who must each reach the Peak Control concerned and return to the boat. Non-compliance with this requirement will result in disqualification.

Whilst ashore, each Shore Party member shall stay within sight of and within verbal communication distance of another Shore Party member.

Only foot power in the form of running or walking may be used by Shore Parties whilst ashore. Any breach of this rule will result in disqualification.

Shore Parties and persons ferrying a Shore Party shall not receive help from any outside source except as specified in Rule 41 of the RRS.

3.4 Equipment

Shore Parties shall carry the following equipment which shall function properly and be of a type suitable and adequate for the intended use:

- Adequate waterproof clothing (per person)
- Adequate footwear (per person)
- Food : Rations sufficient to provide 2000 Cal (8400 kilojoules) energy (per person)
- Water : 1 litre of water (per person)
- Compass
- Map of the relevant area (scale 1: 50000 or larger)
- Whistle (per person)
- Torch (per person)
- Mobile telephone
- Sleeping bag of conventional design, not a space blanket
- Watch

- First aid kit comprising elastic bandages and plasters

The specified amount of food and water for each person must be intact on arrival at each Peak Control. Additional provisions may be carried for consumption during the ascent.

Equipment not designated as “per person” shall be carried by at least one member of a Shore Party

3.5 Scrutineering

Shore Parties may be scrutineered at one or more Peak Controls for compliance with the specified equipment requirements. A standard penalty of 15 minutes will be imposed on any boat whose Shore Party does not meet the specified requirements. A penalty of up to 60 minutes will be imposed for gross violations of the requirements. Such penalty will be at the sole discretion of the Race Committee and will not be subject to protest.

A Shore Party will be advised of any non-compliance either during or immediately upon completion of its scrutineering check.

If the result of a Peak Control scrutineering check is satisfactory, the Race Committee will deduct a 2 minute time allowance from the relevant hill running time. The Race Committee may, at its sole discretion, adjust a boat’s elapsed time for satisfactory second and subsequent scrutineering checks. Such allowances shall not be the subject of protest or claim for redress.

3.6 Hill Running Times

Boats shall submit their hill running times along with their Race Declaration Forms. The times for all peaks (except Lantau Peak where times shall be taken at the gate) shall be taken in accordance with the “leg-over” rule, i.e. the time from which the first leg of a Shore Party or boat party member crosses the boat’s safety line in disembarkation for shore, to the time of the last member’s leg-over on return.

Shore parties climbing Lantau Peak shall pass through Lantau Gate before ascending and after descending this peak. Hill running times for this peak will be recorded by an ABC race official at the Lantau Gate. Lantau Gate is located at the junction of South Lantau and Tung Chung Roads off Cheung Sha Beach at the approximate position of 22°14.03’N 113°56.85’E.

3.7 Out of Bounds Areas

Shore Parties are not permitted to pass through the Sai Kung Marine Police compound.

All private property is out of bounds.

3.8 Right of Way

Overtaking Shore Parties have right of way and Shore Parties being overtaken must clear the path. Descending Shore Parties have right of way over ascending Shore Parties.

3.9 Retirements

Any Shore Party, or member of a Shore Party, who retires by deciding not to complete the ascent of a peak shall report this immediately to Race Control by telephone or on VHF Channel 72 and shall obtain an acknowledgement.

3.10 Casualties

If a Shore Party should have or find a casualty it shall take the following action:

- In a severe case, where the casualty should obviously be kept company, abandon the race. Make the casualty as comfortable as possible and keep him/her warm. Give the distress signal. If no help comes, mark the map accurately with the position and make for the nearest help.
- In the event of finding a less severe case (e.g. sprained ankle) mark the position of the casualty and continue to the Peak Control or the boat and report the findings to Race Control.

4. Results and Prizes

4.1 Corrected Times

Corrected times will be calculated as follows:

(a) HKPN Results

$$C = \frac{(E - S) \times 1000}{HKPN} + S$$

(b) IRC Results

$$C = (E - S) \times IRC \text{ TCC} + S$$

(c) Motoring Division Results

$$C = \frac{(E - S - PMT - SMT) \times 1000}{HKPN} + S + K (PMT + 3 \times SMT)$$

Where: C = corrected time,
E = elapsed time,
S = the set value for the shore sections
PMT = motoring time of up to 15% of elapsed time
SMT = motoring time of more than 15% of elapsed time
K = the boat's Motoring Factor allocated by the Race Committee.

4.2 Set Values

The set value S for the full course will be 6.0 hours for Division A and 4.0 hours for Division B.

In the event that results are based on times taken at a Peak Control, the value of S will be as follows:

- (a) Violet Hill: S shall be 5.5 hours for Division A and 3.5 for Division B
- (b) Lantau: S shall be 4.0 hours for Division A
- (c) Mt Stenhouse: S shall be 2.25 hours for all divisions
- (d) Ma On Shan: S shall be 1.0 hour for all divisions

In the event that results are based on times taken at a mark of the course, the value of S will be adjusted accordingly.

4.3 Prizes

Race Trophies will be awarded as shown in Appendix B. Prizes will be awarded for the first to finish in each division, first place on corrected time in each class or division and, subject to the number of participants, prizes will also be awarded for second and third places.

Prizes will be awarded to the runners on boats in sailing divisions for the fastest hill running times on each peak. Runners on boats in Motoring Division will not be eligible for the hill running prizes.

The Race Committee may re-allocate the award of trophies and prizes or award prizes for other categories at its discretion.

5. Advisory Notes

5.1 Purpose

These notes are intended to provide advice to competitors. They do not form part of the Racing Instructions.

5.2 Safety

With respect to safety under way:

- (a) **Lookout**
Keep a full and proper lookout.
- (b) **Use of Engine to Prevent Collision or Damage**
If a boat has to take urgent avoiding action to prevent collision or damage the engine should be used and the circumstances reported. The engine should be kept in readiness for instant use.

With respect to safety at anchor:

- (a) **Lookout**
An anchor watch should be set and anchor bearings taken.
- (b) **Signals**
Correct lights must be exhibited when at anchor at night.

With respect to safety in the hills:

- (a) **Timing**
A Shore Party should establish its estimated time of return with those remaining on board. Adequate plans should be in place for the actions to be taken in the event of an overdue Shore Party.
- (b) **Clothing**
Clothing when ashore should provide adequate protection against wind, rain and cold.
- (c) **Distress Signal**
The recognized international distress signal in the hills in the event of an accident is 6 blasts of a whistle, or 6 shouts, or at night, 6 flashes of a torch, at 10 second intervals for 1 minute, then a 1 minute pause, then repeat the pattern until help arrives.

5.3 Country Code

Competitors must be considerate towards wildlife and the environment. It is forbidden to set foot on newly sown ground, on growing crops or on any area where a farmer or property owner has made efforts to keep people and animals away. Great care should be taken when crossing fences and ditches. Gates are to be left as they are found. Do not trespass on obvious private property.

6. General Information

6.1 Mooring

Subject to availability, temporary moorings can be provided, in either Deepwater Bay or Aberdeen Typhoon Shelter, for boats wishing to stay overnight before or after the race. Details may be obtained from the Club Sailing Office on 2553 3032.

6.2 Car Parking

Unfortunately, car parking is not available for visitors over the race weekend. However, there is public car parking at the Aberdeen Marina Club or in the Jumbo Car Park in Welfare Road. Parking for visitors will be available for those attending the race briefing and prize giving party.

6.3 Club House

Visiting competitors from the Royal Hong Kong Yacht Club and Hebe Haven Yacht Club may sign chits on the race weekend and on the evenings of the race briefing and prize-giving party, on presentation of their club membership card. Other visiting competitors may purchase cash coupons from the Club office or main bar.

The Galley serves a full range of food and beverage and is open from 0800 to 2300 hours. Lunch is served in the Four Peaks restaurant from 1230 to 1500 hours and dinner is served from 1830 hours. Last orders are 2200 hours. Shorts are not permitted in the restaurant in the evening and casual clothing should be clean and smart.

6.4 Ships Stores & Fuel

Drinks, ice and take away food are available from the Galley and fuel is obtainable from the Aberdeen Marina Club fuel pier opposite the Club.

6.5 Race Briefing and Prize-giving

A race briefing will be held at the Club at 1900 hours on Friday 16 January 2009. The prize-giving party will be held at the Club at 1900 hours on Friday 23 February 2009.

6.6 Four Peaks Race Committee

Wayne Thompson Race Officer	9107 9756
Chas Doyle	9306 3734
John Berry	9621 9766
Park Ng	9423 2805
Tristan Stewart	9035 2225

6.7 Aberdeen Boat Club

Race Control	2553 3018
Race Secretary	2553 3032
Galley	2554 9494

Aberdeen Boat Club Four Peaks Race 2009

Racing Instructions Appendix A - Courses

Course 1	Course 2	Course 3
Start	Start	Start
Windward Mark (if laid)	Windward Mark (if laid)	Windward Mark (if laid)
TCS 2 P	Tung Lung Chau P	Tung Lung Chau P
Ma On Shan	Ma On Shan	Ma On Shan
East Nine Pins S	TCS2 S	TCS2 S
One Foot Rock Mark - S	Mt Stenhouse	Violet Hill
Po Toi S	Lamma S	Mt Stenhouse
Mt Stenhouse	Shek Kwu Chau S	Lamma S
Lamma S	Lantau	Power Beacon 1 P
Shek Kwu Chau S	Shek Kwu Chau P	Castle Rock P
Lantau	Lamma P	Violet Hill
Shek Kwu Chau P	Castle Rock P	Finish
Lamma P	Violet Hill	
Castle Rock P	Finish	
Violet Hill		
Finish		

* Denotes a passing mark all others are rounding marks. P = Port, S = Starboard.

Aberdeen Boat Club Four Peaks Race 2009

Racing Instructions Appendix B – Race Trophies

International Trophy	First to finish in Division A
ABC Trophy	First to finish in Division B
Bimblegumbie Bucket	First ABC boat to finish in Division A
Four Peaks Race Shield	First on IRC corrected time in Division A Class 1
Four Peaks Race Cup	First on HKPN corrected time in Division A Classes II & III
RHKYC San Fernando Trophy	First monohull on HKPN corrected time in Division A
Edwin Palfrey Trophy	First on HKPN corrected time in Division B
All The Way Prize	First on HKPN corrected time in Division A to continue racing and complete the full course in the event that the race is shortened.
MTL Sprightly Skipper's Salver	First boat on HKPN corrected time with each person on board having climbed at least one peak
Geriatric Jug	First boat on HKPN corrected time in which the skipper's age and the overall average age is 45 years or more
Fiddler's Folly Flask	For perseverance in racing to the finish
Spirit of the Race Trophy	The boat with the most nominations

Note: For the Bimblegumbie Bucket, an ABC boat is defined as a boat that is owned or skippered by an ABC member and which regularly participates in the ABC Waglan Series and/or Summer Series races.

**Aberdeen Boat Club
Four Peaks Race 2009**

Declaration Form

To be submitted to the Aberdeen Boat Club by 1200 hours on Monday 19 January 2009
Fax: 2873 2945 E-mail: mbs@abclubhk.com

Boat Name: _____ Sail Number: _____ Division: _____

I hereby declare that my crew and I have complied with all of the Racing Instructions and that my GPS finishing time and position (subject to there being no Committee Boat on station) are as follows:

GPS Finishing Time: _____ Date: _____

GPS Position: Latitude: _____ Longitude: _____

My hill running times are shown on the attached Hill Running Times Formyes/no*.

My motoring times are shown on the attached Motoring Declaration Formyes/no*.

* Please delete as appropriate.

Signed: _____ Name: _____

Aberdeen Boat Club Four Peaks Race 2009

Hill Running Times

To be submitted to the Aberdeen Boat Club by 1200 hours on Monday 19 January 2009
Fax: 2873 2945 E-mail: mbs@abclubhk.com

Boat Name: _____ Sail Number: _____ Division: _____

Runner's Name	Outward Leg-Over Time of Day (24hr clock)	Return Leg-Over Time of Day (24hr clock)	Time Taken (hrs.min.sec)
Ma On Shan			
Mount Stenhouse			
Violet Hill			

Note: The hill running times for Lantau Peak will be recorded by an ABC race official at the Lantau Gate

Signed: _____ Name: _____

Aberdeen Boat Club Four Peaks Race 2009

Motoring Declaration Form

To be submitted to the Aberdeen Boat Club by 1200 hours on Monday 19 January 2009
Fax: 2873 2945 E-mail: mbs@abclubhk.com

Boat Name: _____ Sail Number: _____ Division: _____

Period 1:

Start: GPS Time _____ Position _____ Distance _____

Finish: GPS Time _____ Position _____ Period _____

Period 2:

Start: GPS Time _____ Position _____ Distance _____

Finish: GPS Time _____ Position _____ Period _____

Period 3:

Start: GPS Time _____ Position _____ Distance _____

Finish: GPS Time _____ Position _____ Period _____

Period 4:

Start: GPS Time _____ Position _____ Distance _____

Finish: GPS Time _____ Position _____ Period _____

Period 5:

Start: GPS Time _____ Position _____ Distance _____

Finish: GPS Time _____ Position _____ Period _____

Period 6:

Start: GPS Time _____ Position _____ Distance _____

Finish: GPS Time _____ Position _____ Period _____

Total Motoring Time _____

Signed: _____ Name: _____

The minimum time for each period of motoring shall be 30 minutes

Aberdeen Boat Club
Four Peaks Race 2009
Entry Form

To be submitted to the Aberdeen Boat Club by 1700 hours on Monday 12 January 2009
Fax: 2873 2945. E-mail: mbs@abclubhk.com

Boat Name _____ Sail Number _____

Type of Boat _____ Division & Class Entered _____

Length Overall _____ Beam _____ Draught _____

Waterline Length _____ HKPN _____ IRC Rating _____

Propeller: fixed / feathering / folding* _____ Number of blades: _____

Engine size: _____ hp Maximum motoring speed in calm weather: _____ knots

VHF radio: fixed / hand held* _____ Call Sign: _____

I hereby apply to enter the Peaks Race 2009 and agree to comply with the Racing Instructions and all safety requirements contained therein.

I acknowledge that my entry to the Four Peaks Race is entirely at my own risk and that neither the sponsors nor the Aberdeen Boat Club (including its employees, members and any non-member volunteers) will be responsible for any loss or damage to my boat or its equipment or any member of my crew, and that I have brought this to the attention of all of my crew.

I attach a cheque for HK\$800 entrance fee*.

Please charge my ABC/HHYC/RHKYC* account number _____

Name _____ Signature _____ Date _____

Address _____

Tel (home) _____ (office) _____ (mobile) _____

Fax (home) _____ (office) _____ E-mail _____

* - Delete as appropriate

Aberdeen Boat Club Four Peaks Race – Prize Winners 2003 - 2008

TROPHY	2003	2004	2005	2006	2007	2008
International Trophy	Wizard	Wizard	Kam Loong	Wizard	Wizard	Cloud
ABC Trophy	Rhapsody	Rhapsody	Rhapsody	Taranis	Rhapsody	Tamandu
RHKYC San Fernando Race Trophy	Wizard	Wizard	Roxanne	Wizard	Wizard	Kam Loong
Four Peaks Race Shield	Wizard	Wizard	Roxanne	Wizard	Wizard	Kam Loong
2 nd in Div A (Class I) (Class II) (Class III)	Wizard Boss Hogg Tamarisk	Siren Better Half -	Kam Loong - -	Kam Loong	Kam Loong	Cloud GA
3 rd in Div A (Class I) (Class II) (Class III)	Fox in Soxs Pied Piper	Fox in Soxs The Farr Side -	Wizard - -	The Farr Side - -	Aedas The Farr Side -	Harlequin Ma Cherie
Edwin Palfrey Trophy		Rhapsody	Rhapsody	Rhapsody	Rhapsody	Tamandu
2 nd in Div B	-	-	-	Little Sunshine	Little Sunshine	Sawadee
3 rd in Div B	-	-	-	Taranis	Koala	Lan Ying
Bimblegumbie Bucket	Kam Loong	The Farr Side	Kam Loong	Kam Loong	Kam Loong	Cloud
Fiddler's Folly Flask	Windseeker	Taxi	Spirit of Outward Bound	Fever 28	ATE	Ma Cherie
Class 1 (1 st)	Gatafix	Wizard	Roxanne	Wizard	Wizard	Kam Loong
Four Peaks Race Cup	Windseeker	Windseeker	Sita	-	-Tardis	Tardis
Class III (1 st)	Better Half	-	-	-	Tardis	Tardis
MTL Sprightly Skipper's Salver	ATE	Better Half	Little Sunshine	Taranis	Little Sunshine	-
Geriatric Jug	Kiboko	The Farr Side	The Farr Side	The Farr Side	Kam Loong	Kam Loong
Hill Running Trophies						
Lantau	Windseeker	Wizard	Roxanne	Wizard	Wizard	Cloud / GA
Mount Stenhouse	Wizard	Zuma	Rhapsody	Wizard	Tardis	Aedas Farr Side
Man On Shan	Kam Loong	Zuma	Zuma	Kam Loong	Wizard	Herlequin
Violet Hill	Zuma	Zuma	Little Sunshine	Little Sunshine	Fox in Soxs	Tamandu
Po Toi	Rhapsody	Rhapsody	-	-	-	-
Spirit of the Race	Paul Byard	Reid/Burley	Spirit of Outward Bound	ATE	Fox in Soxs	Sawadee