

Aberdeen Boat Club
2010 Southside Open Dinghy Regatta
*Incorporating day 1 and day 2 of the
Hong Kong Optimist National Championships*
4 & 5 December 2010
Sailing Instructions

1. Rules

- 1.1 The regatta will be governed by the 2009-2012 Racing Rules of Sailing (RRS), relevant Class Rules, the Aberdeen Boat Club (ABC) Southside Open Dinghy Regatta Notice of Race and these Sailing Instructions.
- 1.2 Particular attention for Optimist sailors should be drawn to their own relevant Class rules and measurement and inspections may take place before racing on either day to ensure compliance.
- 1.3 For all Division B entrants, non-genuine sails will be allowed in special circumstances and with the prior permission of the organizing authority. Such permission must be obtained from ABC on or before the competitors briefing scheduled for Sat 4 December at 11.30am.

2. Notices to Competitors

Notices to competitors will be posted on the Official Notice Board at ABC Middle Island Clubhouse.

3. Changes to Sailing Instructions

Any change to the sailing instructions will be posted on the official Notice Board before 9am on the day it will take effect, except that any change to the schedule of races will be posted by 6pm on the day before it will take effect.

4. Signals Made Ashore

Signals made ashore will be displayed from the flagpole located at the ABC Middle Island Clubhouse.

5. Programme and Schedule of Races

- | 5.1 | Date | | Time | Races per Day |
|-----|-------------------------------|--|------|---------------|
| | • Saturday 4 December, | Information Session: | 1130 | |
| | | Racing, first possible warning signal: | 1255 | 3 |
| | | No Warning Signal After | 1555 | |
| | • Sunday 5 December, | Information Session: | 0930 | |
| | | Racing, first possible warning signal: | 1055 | 3 |
| | | No Warning Signal After | 1555 | |
- 5.2 Additional races may be sailed on the second day if less than three are able to be completed on the first day.
 - 5.3 Flag L displayed on the Race Committee Boat at the finish line indicates that another race will commence as soon as possible upon completion of the current race. This flag will be removed one minute prior to the new warning signal.
 - 5.5 Class Flags
Division A, flag E
Division B, flag U
Division C, Optimists flag Q

6. Racing Areas

The racing areas will be selected from around Middle Island: Repulse Bay, Chung Hum Kok Bay or Stanley Bay. Attachment A shows the location of the racing areas and this will be notified to competitors by the race committee hoisting signals ashore using the appropriate flag not less than 90 minutes before the first warning signal of the day

| | |
|----------------------|--|
| Area G (Green Flag) | Area Outside Middle Island / Repulse Bay |
| Area Y (Yellow flag) | Chung Hom Kok |
| Area R (Red Flag) | Stanley Bay |

7. The Courses

Courses will be chosen from those shown in Attachment B.

8. The Start

- 9.1 Races will be started by using Rule 26 with the warning signal made five minutes before the starting signal. The start signal will be the warning signal for the succeeding class.
- 9.2 The starting line will be between a staff displaying an orange flag on the Race Committee Boat at the starboard end and the port-end start mark. A small orange buoy may be laid as an Inner Distance Mark.
If laid, boats starting shall leave this mark on the same hand as the Race Committee Boat.

9. The Finish

The finishing line will be between a staff displaying an orange flag on the Race Committee Boat and the nearby finish mark. A small orange buoy may be laid as an Inner Distance Mark.
If laid, boats finishing shall leave this mark on the same hand as the Race Committee Boat.

10. Time Limits

- 11.1 The time limit for the first boat in each division to sail the course and finish shall be 65 minutes.
- 11.2 A boat finishing more than 20 minutes after the first boat in her division shall be scored DNF, without a hearing. This changes rules 35, A4 and A5.
- 11.3 The Race Officer may extend the 11.2 specified time limit by up to 10 minutes in the interests of finishing the maximum number of competitors. This may be done at the absolutely discretion of the race officer and only if the race schedule allows such an extension of time.

11. Protests

- 12.1 Protest forms are available at the race office, located at the rear of the club house. Protests and requests for redress or reopening shall be delivered there within the protest time limit.
- 12.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 12.3 Protests must be accompanied by a non-refundable HK\$200 fee.
- 12.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of the time and place of hearings in which they are parties or named as witnesses.
- 12.5 On the last day of racing a request for reopening a hearing shall be delivered:
 - (a) Within the protest time limit if the requesting party was informed of the decision on the previous day:
 - (b) No later than 30 minutes after the requesting party was informed or the decision on the day.
This changes rule 66.
- 12.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted.
This changes rule 62.2.

12. Advisory Hearing and Arbitration

An Exoneration Penalty (and Advisory Hearing and Arbitration) as outlined in the RYA Rules Disputes Procedures will be available. A 30% scoring penalty as stated in rule 44.3(c) (except that the minimum penalty is two places) will apply. See Official Noticeboard for details.

13. Scoring

- 13.1 Scores in Divisions A & B will be calculated on corrected time using RYA PY handicaps
- 13.2 Scores in Division C will be based on finishing places.
- 13.3 Six races are scheduled of which three races are required to be completed to constitute a series.
- 13.4 Rule A2 is changed as follows:
 - When five or fewer races have been completed, a boat's series score will be the total of her race scores.
 - When six races have been completed, a boat's series scores will be the total of her race scores excluding her worst score.

14. Safety Regulations

- 14.1 Competitors are reminded of RRS Rule 4, decision to race.
- 14.2 Personal Flotation Devices (PFDs) in good serviceable condition shall be worn at all times whilst on the water.
- 14.3 A check-out /check-in registration sheet will be placed at ABC Middle Island Race Office. Failure to check- out or check- in after the race may result in a penalty of 10 points without a hearing. This changes rules A4 & A5.

15. Official Boats

Official boats will display a white flag.

16. Support Boats

Team leaders, coaches and other support personnel shall stay clear outside areas where the dinghies are racing from the time of the preparatory signal to the finish of the race.

17. Trash Disposal

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

18. Prizes

Prizes will be given as per the Notice of Race.

19. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

20. Insurance

Third-party liability insurance is the responsibility of each participating boat.

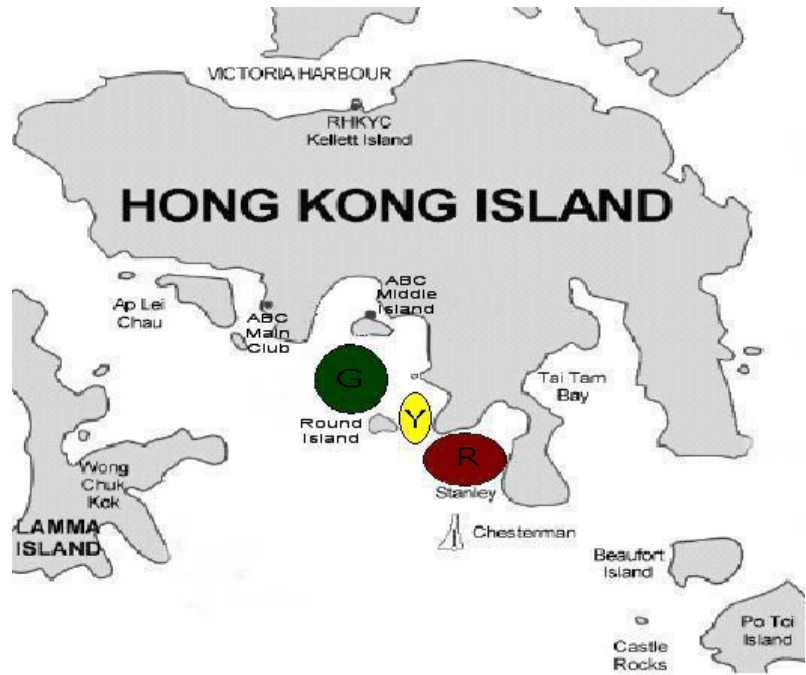
Supporting the ABC Southside Regatta:



Attachment A

ABC Southside Open Dinghy Regatta 2010

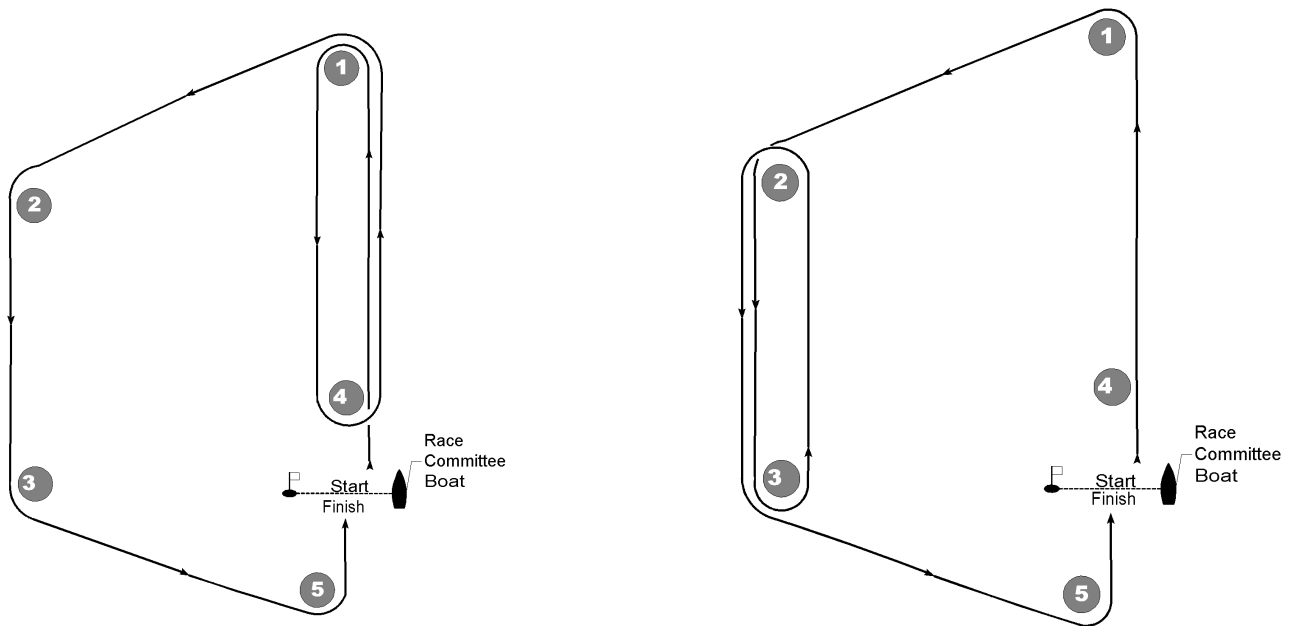
Sailing Areas



Attachment B

ABC Southside Open Dinghy Regatta 2010

Courses



Marks 1 and 4 will be orange buoys
 Marks 2, 3 and 5 will be large black buoys
 The start / finish buoy will have a white covering

| | |
|---|---|
| Course 1 Start, 1, 4, 1, 2, 3, 5, Finish ("Inner loop") | Course 3 Start, 1, 2, 3, 2, 3, 5, Finish ("outer loop") |
| Course 2 Start, 1, 4, 1, 4, 1, 2, 3, 5, Finish ("double inner loop") | Course 4 Start, 1, 2, 3, 2, 3, 2, 3, 5, Finish ("double outer loop") |
| Course 6 Start, 1, 2, 3, 5, Finish ("loop") | |