

## Points to note for persons under 14-day home quarantine

As you are a close contact of a confirmed case, to safeguard your health and that of the community, you are required to undergo 14-day home quarantine. You are legally required to stay at your dwelling place until the end of the quarantine period (except for going to a Community Testing Centre (CTC) for swab taking on Day 12). You are required to follow the relevant requirements, failing which you may be liable to a fine and imprisonment. Please refer to the following important information related to your home quarantine.

### 1 Medical surveillance and Testing arrangements

- Please measure your body temperature twice daily and monitor your health condition.
- If you have fever  $\geq 38^{\circ}\text{C}$  or develop other severe symptoms, including shortness of breath, palpitations or chest pain, you may have contracted COVID-19. Please contact the StayHomeSafe Scheme Hotline to report your health condition for assessment and further hospital admission arrangement.
- In case of emergency, please call 999.
- If your quarantine period is 14 days, the day of your last exposure to a COVID-19 case counts as Day 0, you should undergo a Rapid Antigen Test (RAT) on Day 1 (or test it on the day you receive the test kits if Day 1 has already passed), Day 4, Day 7, and Day 10 by yourself. On Day 12, you are required to attend a Community Testing Centre to undergo a COVID-19 nucleic acid test. Please visit <https://www.communitytest.gov.hk> for information and booking.
- Please read the "Rapid Antigen Test for COVID-19 Points to Note". You may visit <https://www.chp.gov.hk/en/r/1347> or scan the QR code below to view the instructions on how to do the RAT.



Negative



Positive

- If the RAT result is positive, it is likely that you may have contracted COVID-19. You should contact the StayHomeSafe Scheme Hotline to report the result. You may be further arranged for hospital admission.
- If the RAT result is invalid, you should check whether the sample type, sample collection method and testing method are correct according to the instructions provided by the manufacturer and repeat the test with correct methods with a new test kit. If you need to obtain extra RAT test kits, please contact the StayHomeSafe Scheme Hotline.
- Please **take a photo immediately** after reading the test to record the test result.



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[www.coronavirus.gov.hk](http://www.coronavirus.gov.hk)



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- Please record your health monitoring information and test results in the “Medical Surveillance Form for Home Quarantine”.
- Please retain the test results (including SMS notification containing the result of the Day 12 test at CTC) and the duly completed Medical Surveillance Form for inspection when requested by personnel from the Centre for Health Protection. Any person who fails to comply with the above testing requirements commits an offence and may be fined a fixed penalty of \$10,000. The person would also be issued with a compulsory testing order requiring him or her to undergo testing within a specified time frame. Failure to comply with the order is an offence and the offender would be liable to a fine of \$25,000 and imprisonment for six months.



## 2 Daily necessities

- Persons under home quarantine may continue normal activities with persons within the household but should strengthen personal and environmental hygiene measures. Please refer to the “Health Advice for Home Quarantine” and “Infection Control Advice to Persons Undergoing Home Quarantine”.
- If you develop respiratory symptoms or feel unwell, please put on a well-fitted surgical mask and inform the StayHomeSafe Scheme Hotline immediately.
- You are required to make your own arrangements for basic daily necessities and/or food, such as by friends and relatives not under quarantine or ordering online / through telephone (you are advised to use contactless payment methods). Nevertheless, persons delivering these items should leave them at your door (e.g. a chair outside your door) and are not allowed to enter your home to reduce the risk of them being exposed to infection. You should also avoid having face-to-face contact with them.
- If you cannot make arrangements for your daily necessities, please contact the StayHomeSafe Scheme Hotline.



## 3 Handling of household garbage

- You are allowed to briefly leave your home to dispose of garbage in the designated refuse collection point on the same floor provided that you have a negative same-day RAT result and you should wear a well-fitted surgical mask during the whole process.
- Before leaving your home, you should properly wrap the garbage, practise hand hygiene and close the door immediately when leaving your home. You should return to your home as soon as possible and practise hand hygiene immediately.
- In case of difficulties, please contact the StayHomeSafe Scheme Hotline.



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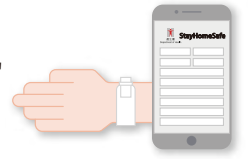
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## 4 Electronic wristband arrangement

- The Office of the Government Chief Information Officer (OGCIO) will arrange staff to visit you at your dwelling place to help you put on electronic wristband and install the "StayHomeSafe" mobile app. In certain circumstances, the staff may provide a "StayHomeSafe" set-top box together with the electronic wristband for you.
- The Government will monitor whether you stay in your dwelling place during the quarantine period by means of electronic wristband, making phone calls to you, conducting spot checks, etc.
- Any person who leaves the dwelling place without permission commits an offence and would be liable to imprisonment for six months and to a fine of \$5,000.
- Upon expiry of the quarantine period, you may cut and dispose of the wristband and uninstall the "StayHomeSafe" mobile app.
- For enquiries related to the identity of OGCIO staff, the electronic wristband and the "StayHomeSafe" mobile app, please contact OGCIO hotline 5394 3150, send email to [shs@ogcio.gov.hk](mailto:shs@ogcio.gov.hk) or send your name and contact number to 5394 3388 via SMS message or use WhatsApp Helpline 9617 1823.
- For details please visit the "StayHomeSafe" Mobile App User Guide webpage at <https://www.coronavirus.gov.hk/eng/stay-home-safe.html>



## 5 Completion of home quarantine

- After completion of your home quarantine, you may leave your home and continue your normal activities. Please maintain good personal hygiene at all times.
- Please continue with a seven-day self-monitoring period after completion of quarantine.

**We express our heartfelt thanks to you and your family for your cooperation.  
Together we fight the virus. We will surely overcome the epidemic.**

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