

March-April 2024

HORIZONS

The Magazine of the Aberdeen Boat Club



Four Peaks Race 2024





March – May 2024

Dates		Holidays	ABC - Yacht Races	Dinghies	Others
March 2024					
Sat	2				HHYC Monsoon Spring D2
Sun	3		Waglan Series Race 10		RHKYC Ladies Helm
Sat	9			RHKYC Inter School Festival	RHKYC Inter Class Festival / DBYC Island Regatta / HHYC Monsoon Spring D3
Sun	10			RHKYC Inter School Festival	RHKYC Inter Class Festival
Sat	16				COA Solaris Pasta Cooking Cup / HHYC Monsoon Spring D4
Sun	17		Waglan Series Race 11		
Sat	23			Optimist selection regatta	HHYC Monsoon Spring D5
Sun	24		Waglan Series Race 12	Optimist selection regatta	RHKYC Hong Kong YMC Po Toi Challenge
Wed	27				RHKYC Hong Kong to Puerto Galera Race
Fri	29	Good Friday			
Sat	30	The Day Following Good Friday			
April 2024					
Mon	1	Easter Monday			
Thu	4	Ching Ming Festival			
Sat	6				RHKYC CR6: Coastal Race (if no PG race) / HHYC Monsoon Spring (Resail) > Final
Sun	7		Waglan Re - sail		RHKYC CR6: Coastal Race (if no PG race)
Sat	13				COA MIRS Bay Seafood Rally / HHYC Monsoon Spring (Resail)+
Sun	14			ABC Tong Po Chau - Spring Race 1	
Sat	20				RHKYC Summer Cup / DBYC Tai O Regatta / HHYC Match Racing Nationals D1
Sun	21				RHKYC Summer Cup / DBYC Tai O Regatta / HHYC Match Racing Nationals D2
Sat	27				RHKYC Tones Cup
Sun	28			ABC Tong Po Chau - Spring Race 2	RHKYC Nations' Cup
May 2024					
Wed	1	Labour Day			
Sat	4		Classic Yacht Rally		RHKYC CR7: Coastal Race
Sun	5		Classic Yacht Rally		RHKYC CR7: Coastal Race
Sat	11				DBYC Lamma Cruise
Sun	12			ABC Tong Po Chau - Spring Race 3	
Wed	15	Birthday of Buddha			COA Lady Helm & Challenge Rally
Sat	18			HHYC Open Dinghy Regatta D1 / 29er - GP 8 - HHYC	RHKYC Spring Regatta
Sun	19			HHYC Open Dinghy Regatta D2 / 29er - GP 8 - HHYC	RHKYC Spring Regatta
Sat	25				HHYC HK Interclub Ladies / Girls Champs Regatta
Sun	26			ABC Tong Po Chau - Spring Race 4	RHKYC Spring Regatta resail



CONTENTS



Commodore's Letter	2
General Manager's Letter	4
House Committee Update	10
Hong Kong Race Week Regatta	14
Solaris Four Peaks Race	16
Waglan Series 2023-24	26
F&B News	30
Pleasure Vessel Grade II Operator Certificate Courses	34

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Horizons welcomes ABC member contributions of articles and photos.
Please contact the editor at martin@drmartinwilliams.com



COMMODORE'S LETTER



Chris Pooley
Commodore

Golf: the adult version of the Easter Egg Hunt !

[Pablo Neruda]

Easter comes early this year [29/3] and with it, for children, Easter egg hunts whether at home or at the special ABC event on Easter Sunday. The presentation of eggs as a fertility symbol associated with Spring pre-dates Christian times and is believed to have started in the Middle-East. Presentations were refined in Germany in Lutheran times with the addition of the Hare [bunny], another fertility symbol, carrying a basket of eggs for distribution. Further refined in Victorian England as growing prosperity fostered greater interest in the family. Leading to today's major holiday event as many countries in the Northern hemisphere celebrate the advent of warmer weather.

Why so early this year? Well, referring back to the detailed article on the subject published in 2022, Easter Sunday occurs on the first Sunday after the "Paschal full Moon" this in turn is defined as the Ecclesiastical Full Moon being the first full moon after the 20th March [Vernal Equinox] each year. The relevant PSM date this year is 25th March, hence Easter Sunday on the 31st.

ABC of course captures the holiday mood with many fine and fun events, not least ---given the warming weather---on MI with a new French menu on offer from Mid-March. Various other culinary delights to come are advertised in this edition and on E-letters.

Easter is followed by another lunar calendar family holiday event: Ching Ming on 4th April 15 days after the Equinox, providing a pause for reflection,

To welcome the coming warmer season a new Safety material covering will be installed around the swimming pool by Mid-March.

Meanwhile House Committee continues to be fully occupied with general improvements and design planning for more to come. See Graham Price's article this month.

Of recent events:

The Four Peaks Race was a success with 19 boats entered, variable winds experienced but the usual gruelling and demanding event was nonetheless enjoyed by all entrants, including a team of runners from the UK who ran all 4 Peaks. Our Sponsor, **Solaris**, supporting Sailability on their new yacht, were delighted with the event itself, the resultant publicity and the well-supported sumptuous prize-giving party. They have committed to support us again next year. Well done ABC Management and Staff.

The trial revised CNY opening hours operated by non-Chinese staff in return for leave on more suitable dates, was well supported by members who enjoyed a surprisingly wide list of menu choices. Something similar will be arranged in future years.

The formal extension of the Club's Main Lease was, after several administrative delays---not of ABC's making!---finally signed in February. This provides security of tenure on existing terms until 30th June 2027. Thereafter-----? We still await, as we have since March 2018 despite many requests, an indication from Govt of the proposed calculation and quantum of the threatened levy of a new Land Premium. The conundrum is the creation of a formula to assign a Commercial value to land which PRL occupiers are precluded from leasing, selling or turning into profitable ventures!

In the meantime we have holidays and better weather ahead and water sport opportunities in abundance for members' enjoyment, so on that optimistic note someone once quoted : *An optimist is the human personification of Spring!*

ABC Junk for Hire

Available for Parties, Day Trips and Water Sports



Picture by Fragrant Harbour

Pick-up at ABC, Central pier, Causeway Bay or TST public pier. The ABC can provide food and beverages including a range of hot and cold dishes, desserts and drinks.

Email fnb@abclubhk.com

Rental of speedboats, banana boats and water ski can be arranged via Freely Marine Services at 9276 2932.

Daytime: 9am – 5pm

Night-time: 6pm – 11pm

Monday – Friday: \$6,000

Saturdays, Sundays and public holidays: \$7,000

BOOKINGS - For junk booking please contact the Receptionist on 2552 8182 via booking@abclubhk.com



GREENER TOGETHER

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Guest parking is available only on weekdays
(Mondays - Fridays, except Public Holidays).

Fees: HK\$100 for the first 3 hours and HK\$50
per hour subsequently.





GENERAL MANAGER'S LETTER



Philippe de Manny
General Manager

Dear Members,

Welcome to this March and April issue of *Horizons*. I know that you missed my blurb last month, as so many of you asked me if I was still working here. I must therefore give my sincere apologies for this, as I did not send it to the editor on time. There was so much preparation for the end of 2023 celebrations and Chinese New Year opening, and events, and Panadol file issues, and and and... that I could not find the time to finish it on time. *(Far be it from us to suggest Philippe was "lying flat" in between a multitude of private parties with friends and celebs, a spot of golf and further merriment - Eds).*

Alright then; there was rather a lack of diligence on my part, but as you'll see I'm catching up this time, with a bumper blurb.

By the time you read this piece of literature, these promotions will have been announced and are therefore in effect. I have the greatest pleasure to inform you that the following staff have been promoted.

Now, briefly, to the staff party: I must thank you for your contributions in December, which allowed us to have a wonderful evening full of joy and entertainment.

We went, as usual, to the Regal Hotel Causeway Bay, where the food is always immaculate, the karaoke always a humiliation for me, and the various games are ... should I say interesting or costly for me again ... as they are always about me, me, me aren't they?

Your contributions in December help us to host the spring dinner with many lucky draw prizes, add to the staff assistance fund – which is ready if anyone needs support during the year for non-business related, education related and happy moments in life, such as birth, marriage and less happy moments such as death or major sickness in the family. Whenever these arise, the fund is there for immediate release.

Notably, remember Steve Ng, our house manager, who considerably benefited from the fund and additional voluntary contributions from members, receiving world-class treatment of his meningitis, and putting his child through education.

I AM MOURNING FOR MY MOORINGS!

Mooring and mourning, explained below, respectively:

- A place where a boat or ship is moored



Anson Lam Ngai-sang
from Senior Waiter
to Captain



Caren Lo Yim-yung
from Assistant Accountant
to Club Accountant



Amy Yeung Pui Wa
from Front Desk Supervisor
to Administration Officer



Po Hung Pui
from Junior Chef de Partie
to Coffee Shop Chef de Partie

- The expression of sorrow for someone's death

Now that we are clear about the meaning of these two very soundalike words, let me remind you of some historical greatness of the Aberdeen Boat Club. In order not to embarrass anyone or create a commotion and impinge on egos and testosterone, I shall not use names or qualifications.

A bit prior to my employment in 2003, the leaders of ABC decided to let go 15 moorings (at the very least), from the stock we had with MARDEP (ie, the good stock).... Time passed, and the need for extra moorings, especially for racing sailing boats, increased but our moorings were full.

In 2008 I personally, without any approval from the higher authorities (good times in those days), applied directly to Mr. t.... at MARDEP Aberdeen for 13 recreational moorings for the Club, to rent back to our members, exclusively for the sport of sailing.

Well after many years of reminders about the request, enquiring of the position on the waiting list, begging for help, and miscellaneous events, I may confess (for proof see earlier issues of Horizons; lawyers may have a good read) ... nothing happened.

Then, in January, out of the blue we were suddenly offered 6 Club Moorings in the Aberdeen Typhoon Shelter. What a great and unexpected surprise – especially after 16 years of waiting and rejection.

The surprise and pleasure were very short, when we were told that these 6 moorings had to be only for ABC company held boats the size of dinghies. Something must have gone wrong, somewhere.

We were also given, after 16 years of hopes and

expectations, 2 weeks to formally apply for mooring GPS, and 2 weeks to install the sinkers and buoys. It takes six months to get a quotation and build new moorings; so there was already something smelling bad here.

Anyhow, after many phone calls and apologies, multiple trips were organised to verify the potential GPS location of the new moorings (*just in case the earth had shifted in her inclination overnight*), numerous forms were sent and delivered to the HK Marine Department (*usually repeating the same questions*), then an additional 2 separate trips were made into the Aberdeen Typhoon Shelter to precisely record GPS positions and to ensure that earth is not flat. And finally ... the Club and MARDEP agreed on 4 moorings for Club boats only.

Now, you may think this story is over and done. But, NO!!!!

As these are new moorings, we now have to install different sized chains (big as my fist) and seabed sinkers to comply with MBA packing, MARDEP trained *sailors* who calculated precisely with all knowledge available but without any sea experience that our current maximum 12–17 metre x 168/ x 84 fore–aft moorings range, which have already been in place for 6.5 years, now require 2 x 12 tonne mooring sinkers (double the weight of anything already in in the shelter) and chains of a size only seen on the *Titanic's* anchor.

To me, there is no doubt whatsoever that the whole process has been deliberately set up to make it as difficult as possible, so the new mooring applications will be dropped –hoping that we would let go and abandon the typhoon shelter to more expensive and lucrative developments, such as reclamation and buildings in 10 years from now, notwithstanding this would be the type of accommodation that no one will be able to afford.



GENERAL MANAGER'S LETTER

GYM RENOVATION PROJECT

After receiving comments about the ageing state of the equipment and the need for new and different machines, the Club decided at the last budget preparation in June 2023 to slightly improve what we have to offer. Subsequent suggestions for additional improvements were added to the primary budget, to make the Gym more modern and fresher. Our cardio machines, already second hand, require more maintenance, particularly with the electronic systems. The mechanical parts can still be maintained but they are slightly outdated compared to the newer generation of members' training style, requiring targeted muscle groups training and higher weight capacity.

As the Gym is well used, making the equipment more suitable and safer prompted us to aim for replacing and improving the old equipment. The plan is as below.

Unfortunately, the amount of money allocated to this project has been fixed prior to receiving any quotations, at HK\$80,000 for 2023/2024, HK\$ 80,000 for 2024/2025, and HK\$80,000 for 2025/2026.

Yet after receiving various quotations, the entire renovation with new flooring, sound, general look and feel and equipment is about 3 times more than expected; and we will implement the project in phases over a longer term.

This year, we will only get the heavier free weight and one leg press and rower; remove the outdated back press or the pectoral press and TV; and do some painting & decoration for HK\$76,000, with equipment purchases totalling HK\$80,840. In 2025 we'll add a newest cardio machine, costing around HK\$68,100, and renovate the overall floor, spending a total of HK\$ 88,220. And finally, in 2026, we shall complete the equipment replacement for HK\$ 98,700, and finish all minor work professionally, bringing the total for the year to HK\$168,000.

Hence, the overall cost will be rather more than expected, but will provide a far better Gym. So bear with us, and the result will be fantastic, with a limited impact on our cash flow.



- Image improvement by providing a better venue.
- Responding to Members requests.
- Service improvement by providing personal training sessions.
- Ensure safety, by providing reputable and professional outside maintenance by a certified company.

MIDDLE ISLAND DEVELOPMENT PROJECT

What is happening:

After the approval of 6 years of hard work to achieve an agreement with the Environmental and Protection Department, we have finally started Section 12 A of the project, and started again reviewing the entire ABC Scope of work and tuning our cost expectations.

The ABC Scope and Cost review commenced in January 2024, with a main objective being obtaining the Right to develop Middle Island, allowing amendments to the design agreed with EPD. The review will also cover all final designs, to support the original objectives subject to affordability and optimising usage of available funds. But increased storage, the realignment of the ramp and the provision of improved training facilities will be the priorities. Later, we shall explore the opportunities to retain and improve the clubhouse, and plan stages for construction required by the development.

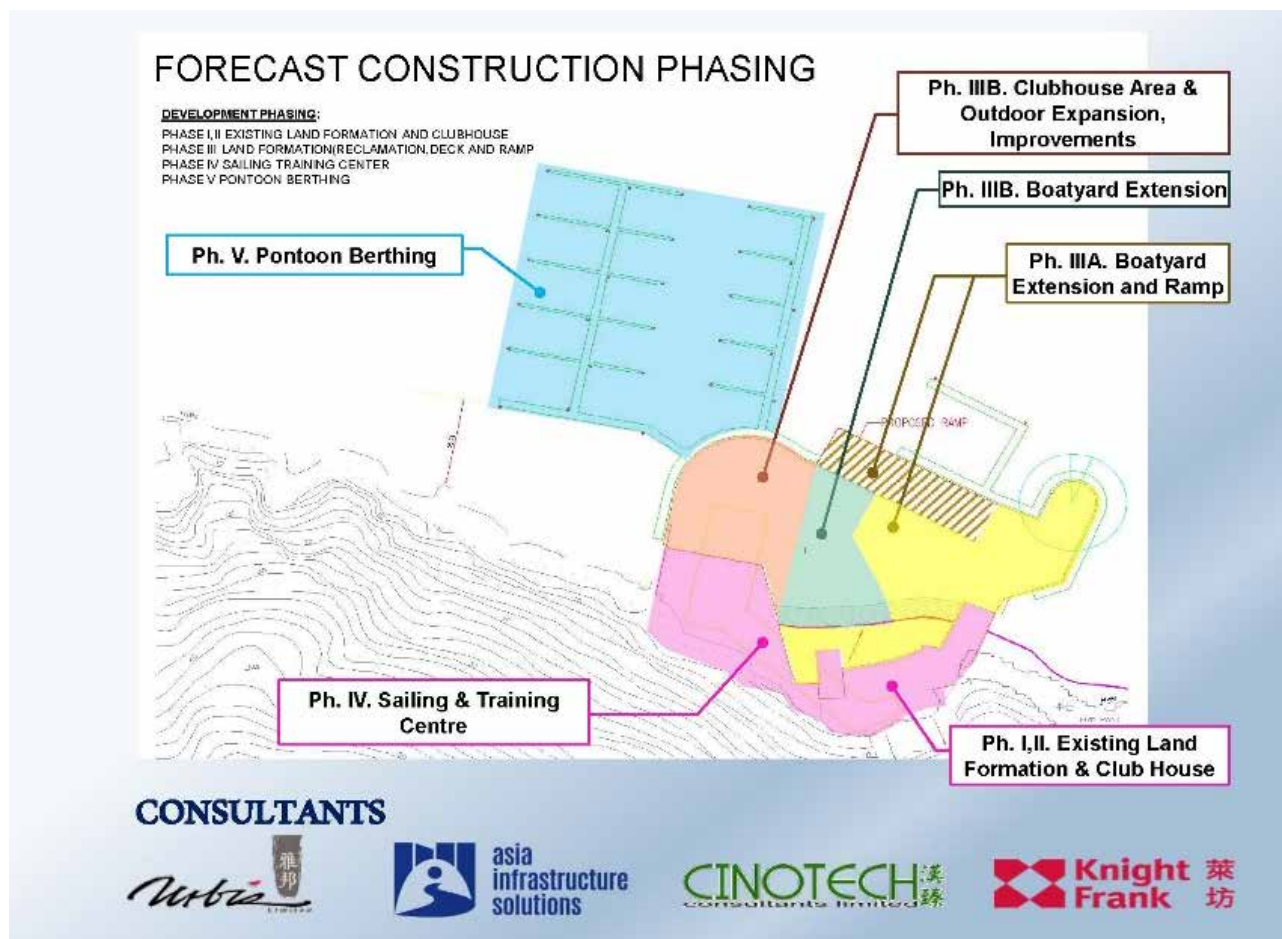
So there will be a busy 2024 until September, with the hope of being in a position to apply to the Town Planning Bureau (TPB) for Section 12 A rezoning. TPB endorsement of Section 12 A may take 4 to 6 months;

allowing us to submit a draft Outline Zoning Plan (OZP), which is a kind of statutory plan prepared by the Town Planning Board under the Town Planning Ordinance. This is basically a plan that shows the land-use zonings of individual planning scheme areas, for approval in March 2025.

Once all this is done, all that will remain is the Approval of the Foreshore & Seabed Gazettal, taking us to December 2025 and finally –fingers crossed, burning candles and making offerings – we may start the construction in early 2026.

The construction will be in phases in 6 areas, first building IIIA and IIIB without interruption of our operations. The remaining phases may need further funding.

As we are still reviewing cost issues, it is not possible to give a reasonable estimate of the entire project. What is it certain is that we will start to build the hard stand for which we are funded, and move to the rest as money comes in.





GENERAL MANAGER'S LETTER

GROWING WEED IN DEEP WATER BAY

No, I am not talking about that “recreational weed”, but a Marine Restoration of Seaweed and Seagrass in medium term stages.

Since January, the Club has taken part in an ecosystem restoration project in Deep Water Bay.

The objective is to restore the marine ecosystem and biodiversity along the south side of Hong Kong Island, initially by reintroducing indigenous seaweed, then followed by seagrass. Hopefully these artificially enriched nurseries will quickly bring back other marine life and species. The ecosystem situation is quite bad along the south coast of Hong Kong Island. After years of poor marine and fishing management, the seabed is more like an underwater desert – barren with very little marine life and littered with trash from increasing numbers of big boat users.



Who are the first stakeholders? They are led by the Rotary Club of HK South PPE Chair, George Li; scientifically supported by HKU Swire Institute of Marine Science Associate Prof. Bayden Russell; with Aberdeen Boat Club providing logistics and operations support.

Each year, from January to June a group of five experienced divers will endeavour to re-introduce



seaweed and seagrass in 5 pilot test sites along the south side between Deep Water Bay and South Bay. The project involves 5 species of Hong Kong seagrass (*Halophila beccarii*, *H. ovalis*, *H. minor*, *Ruppia maritima* and *Zostera japonica*) and 40 species of seaweed (*Sargassaceae* brown/red/green algae, *Sargassum* spp.) which are common at Stanley, Clear Water Bay, Sai Kung and Tung Ping Chau.

Marine algae including seaweeds are important because they:

- Provide essential nursery habitats for fisheries and other marine species and thus protect food sources.
- Play a vital role in capturing carbon, producing at least 50% of Earth's oxygen
- Provide food, protection and shelter to other marine creatures
- Clean the sea by hosting many planktons and diatoms
- Reduce coastal erosion
- And, finally, can become a source of nutrients for humans

This is in fact the second project supported by the Club in Deep Water Bay; the first is in collaboration with the Harbour School Seaweed Initiative project. The students are investigating seaweed growing for their own school project, inspired by a documentary titled *2040*, which explored innovative solutions to the climate crisis. In November, they deployed a small homemade temporary seaweed farm slightly east of the ABC Middle Island pier. I am sure you have seen that funny looking square floating on the eastern part of our pontoon. This project will end in April, and I am sure that we will have a report on their findings, which could be useful to the other project I described above.





ABC Golf Event

Friday, 26 April

Hong Kong Golf Club, Deep Water Bay

Join us for a golfing extravaganza like no other.
Play, compete, and enjoy an incredible day of golfing excellence.

Frist Tee-off at 10am

Green fee : **\$1,050** (Lunch included)

9 tee times (Maximum for 27 participants)

Stableford format adjusted to the course rating

Free parking available

Sign up



For more information or registration, please send email to gmpa@abclubhk.com

HOUSE COMMITTEE UPDATE

By Graham Price, Chairman, House and Building Committee

Our project to improve and upgrade the main club house continues, with our team working hard behind the scenes as we design and cost the next phases of work. Behind the scenes we still have pipework to and we are working on a new changing room for female staff.

There is a logic to the sequence of work, and the next phase will start to revitalize the main entrance, staircase, and 1st floor Galley restaurant. The details are still being worked out, you can see computer generated renderings of the entrance and coffee shop possibilities are shown below. I would like to thank especially Anna Rees, who is helping the refit committee with her extensive professional design expertise.

In the Galley we will be improving the acoustics so it is less noisy, and with a fresh new look. We need to replace the patio flooring owing to leakage and so it makes sense to do this work in the same time frame.

We have also started to form a working group to look at the 2nd Floor "Four Peaks Restaurant" and "Waglan Bar". Both venues are popular, and we regularly receive comments and suggestions from members. Should we retain a "Fine Dining Restaurant"? Do we need to expand the Waglan Bar? Should we change the nature of the venue(s)? If you would like to contribute to the discussion, please let me or Robin Sherchan eam@abclubhk.com know. My email address is rearcommodore.house@abclubhk.com.

While all this is going on, another working group including members Sunil Talwar and Tyron Truong are using their professional expertise to help us improve the audio-visual provision in the club.

Many members have asked about the possible installation of a lift. We are conducting studies to look at both the technical feasibility and the regulatory hurdles we would have to cross. We are now planning to do an initial design, in order to be in a position to make a formal submission to Government.

In all the work that we do, the contribution of members, with expertise in the many disciplines involved, is vital to ensure that the end result meets members needs in the most cost efficient and practical way.



Main Entrance View



Coffee Shop



Main Entrance View



Adult Dinghy and Powerboat Courses

MARCH - AUGUST 2024



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Hong Kong Race Week Regatta - Last Weekend Results

Photo Credit – www.takumiimages.com Panda Man

The 2024 event proved to be a successful one for ABC members, with some superb results across the fleets. This year's event was widely regarded as one of the best in recent years, with varied conditions and a superb job by the entire race management team at the event. Several overseas competitors were in attendance – from China, Thailand, Singapore and Macau, ensuring the quality of competition was again at a very high level.

The regatta showcased some impressive performances from the talented sailors representing ABC, showing once again the quality of training and competition that the Club is providing.

In the Optimist Main Fleet:

- **Margaux Nguyen-Minh** achieved remarkable success by securing 1st place in the under 12 category, 2nd place overall, and 2nd place in Hong Kong.

- **Ethan Kiu** demonstrated his skills by finishing 7th overall and 3rd in Hong Kong.
- **Tara Maliah** performed admirably, securing 14th place overall and 6th in Hong Kong.
- **Jessica Liu** showcased her talent by finishing 4th in the under 12 category, 16th overall, and 7th in Hong Kong.
- **Alix Nguyen-Minh** achieved an impressive 3rd place in the under 10 category, 20th overall, and 8th in Hong Kong.
- **Lucien Coheh-Addad** showcased his skills by finishing 6th in the under 12 category, 22nd overall, and 9th in Hong Kong.
- **Keira Hwang** performed well, securing 26th place overall and 12th in Hong Kong.
- **Rohan Maliah** achieved 4th place in the under 10 category and 32nd overall.

It is worth noting that these results represent a significant improvement from last year's performance, with a fleet of 62 boats.

In the Intermediate Fleet:

- **Karisse Hah** achieved an amazing 4th place overall and 3rd in the under 12 category

In the Green Fleet, after three months of training,

- **Charles Ciemniak** performed exceptionally well by securing 2nd place overall.
- **Alexandra Lau** achieved a commendable 18th place overall.
- **Alice Cheung** finished in 23rd place overall.

In the 29er fleet:

- **Chloe and Ethan Kong** demonstrated their skills by achieving 1st place in the mixed crew category and 6th place overall.
- **Casey Law and Conrad Lumsden** showcased their talent by finishing 7th overall.
- **Kristen Hwand and Bernice Pang** performed admirably, securing 2nd place in the junior category, 4th place in the female category, and 11th place overall.
- **Aria Hon and McCarley Wong** achieved 5th place in the female category, 4th place in the junior category, and 14th place overall.

- **Skyler Lam and William Chen** demonstrated their potential by finishing 7th in the junior category and 17th overall.
- **Sebastian Chun and Kaitlyn Lee**, the youngest crew, achieved an impressive 4th place in the mixed category, 8th place in the junior category, and 18th place overall.

Overall, the results from the Hong Kong Race Week Regatta highlight the exceptional performance of our sailors. It is evident that their hard work, dedication, and training have paid off, with significant improvements from last year's results. We are proud of their achievements and their representation of our organisation at this prestigious event.

We would like to extend our gratitude to the coaching staff, parents, and supporters who have contributed to the success of our sailors. Their guidance, support, and encouragement have been invaluable throughout the training and competition process. We as a Club look forward to building on this success and achieving even greater heights in the future.



2024

Solaris Four Peaks Race

Words and Photos by Fragrant Harbour



The first Four Peaks Race was held way back in January 1985. It started in Junk Bay and covered Ma On Shan, Lantau Peak, Mt Stenhouse and Violet Hill. It was put together by the noted author and sailor, Stephen Davies, and was based on the British Three Peaks Race. Since then, it has been kept to a similar format, with the start moved to Shek O and, in the 1990s, to Tai Tam Bay. The order of the peaks has changed intermittently – this year the sequence was Ma On Shan, Violet Hill, Lantau and Stenhouse.

The Four Peaks Race is more than a race – it's a physical and mental challenge and, without doubt, one of Hong Kong's great sporting events. Not only does it put incredible demands on the competitors but the level of organisation required is staggering. This year, more than 40 volunteers consisting of scrutineers, timekeepers, peak officials and control room staff, made sure that all went according to plan for the 19 entrants and some 150 sailors and runners.

Not forgetting the lavish prize-giving the following Friday, with the Club's F&B division swinging into action to serve prize-winners and their guests a never-ending flow of Italian-themed dishes and delicacies – all included in the race entry fee of HK\$2,288!

Considering the above, it is fair to say the annual Four Peaks Race is the Aberdeen Boat Club's signature racing – and social – event.



Blu, sponsor Enrico Zanella driving

38th edition

After a hiatus of two years, the event returned last year (2023) and attracted 12 starters. This year, the Solaris Four Peaks Race 2024, the 38th edition of the race, saw 19 boats enter with 18 showing up in Tai Tam Bay on Saturday, 27 January, for the staggered starts at 10:30, 10:35 and 10:40. Sadly, *Crystal* didn't make it.

Race officer Gideon Mowser welcomed competitors while the outer distance mark was being laid. Ten minutes later, the gun for the five IRC entries was fired. At 10:30, in a clear start, Stefan Fillip's *Neo One* and Glenn Smith's *Wild Card* led the division out of Tai Tam Bay. *Juice*, *Arcturus+* and *Wicked* followed in 6-8 knots of easterly breeze.

At 10:35, the seven-strong PHS A division was released, with Philippe Moriau's *Rhy & Rue* leading the way. Six boats in PHS B took off at 10:40, with the breeze holding steady.





Wild Card returns from Ma On Shan



The venerable Cheoy Lee 35, Sawadee



Moments after the start, Neo One





The runners from the J-99, *Juice*, put in a strong performance up and down Ma On Shan to record a Let-go time of 01:25:33. *Wild Card*'s team put in the second fastest time, with *Neo One*'s Ainhua Mombila & Hyan Chang coming 3rd with a Let-go time of 01:36:06.

By this time, the number of boats still in contention was 15 – Lewis Cerne's *Wicked*, Steve Metz's *Illusion* and Wayne Robinson's *Sawadee* had thrown in the towel.



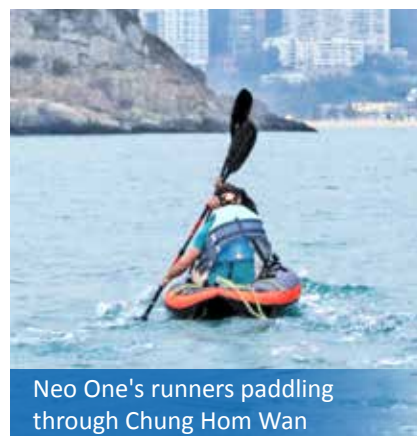
Wild Card's runners land in Repulse Bay



Wicked, a familiar name in the race



Neo One's runners, dropped a long way out



Neo One's runners paddling through Chung Hom Wan



Navigating the Repulse Bay Pier

First boat to drop its runners at the next peak – Violet Hill – did so a long way out. In fading light, *Neo One's* Ainhua Mombila & Thomas McManners had a time-consuming (and tiring) trek across Chung Hom Wan to the Repulse Bay Public Pier. This possibly contributed to their disappointing 5th for Violet Hill. Tonny Chung's *Foxzhead* did well to record a 3rd behind Andy Pidden's *Juice* and *Wild Card*.

It was dark by the time *Neo One* offloaded its runners on Lantau Island, followed by *Wild Card* and *Juice*. After an amazing one and a half hours, *Neo One's* Hyan Chang & Thomas McManners passed through the Lantau check point to record a Let-go time of 01:36:41. *Juice* recorded a 2nd and newcomer, *Rock Steady*, chalked up a 3rd in one hour, 43 minutes and 45 seconds.

Mt Stenhouse on Lamma Island was the last and possibly trickiest of all four peaks. In the past, runners have been 'lost' on this 353-metre climb where, in parts, it can mean ascending on all fours depending on route taken. After *Wild Card's* Callum Brechin & Frank Weyn chalked up an impressive Let-go of 01:27:26, Norman Ngao & Mayank Vaid's 01:33:52 for *Rhy & Rue* did skipper Philippe Moriau proud. In 3rd, another new name, *Arcturus+*, showed that girls can do it too – Fiona Cheung & Yan Pui Ha recorded a Let-go of 01:41:00.



New name in the race, Rock Steady



Jelik 6, smallest boat in the race

Prize-giving

The Solaris Four Peaks Race 2024 benefitted from a concentrated campaign of publicity by sponsor, Solaris Yachts Asia. Led by Solaris' head of marketing & communications, Yilina Liu, there were podcasts, advertisements, videos and interviews with crews and race management.

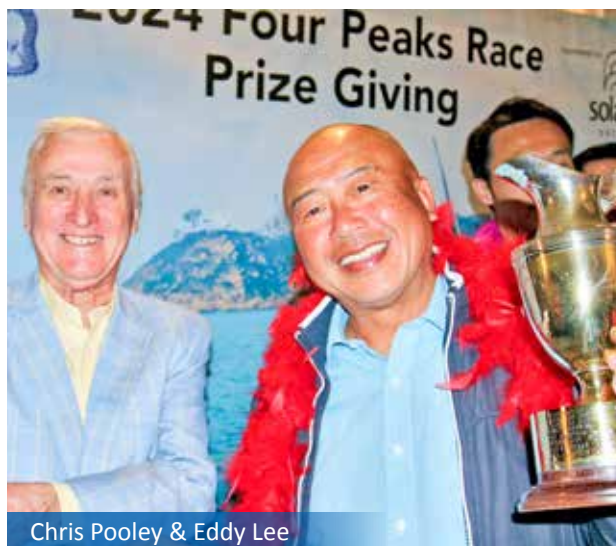
The prize-giving and presentation of awards was held on the Club's Coffee Shop verandah, on Friday, 2nd February 2024. It attracted more than 60 people, and at least eight different languages could be heard – international indeed!

The winner of IRC Premier was *Wild Card*, followed by *Neo One* and *Juice*.

PHS Division A saw *Rhy & Rue* take the honours, with *Jelik 6* in 2nd and *Rock Steady*, 3rd. Interestingly, *Jelik 6*, a J-80, was also the smallest permissible boat in the race, measuring just 8 metres overall.

The third division – PHS B – was won by *Easy Breezy II*, with newcomer *Rising Sun* in 2nd and *Foxzhead* in 3rd.

Nothing compares with Hong Kong's Four Peaks Race – “endurance, pain and fun” is what it's all about. Those who take part, year after year, wouldn't want anything less.



Chris Pooley & Eddy Lee



Myrna, Enrico & Natalie



John Currie & Stefan Fillip

FOUR PEAKS RACE 2024 AND BEYOND

Introduction, by John Currie

As I step down from my Race Chairman position, which has been a very rewarding experience over the last 5 years, I can reflect that this year saw a pickup in team entries, which almost made the 20 mark. It was refreshing to have four new entries within the competitive fleet across IRC and PNS divisions. Highlights I'd like to mention:



Interest from England saw two fell [hill] runners on Rock Steady, who participate in the UK's 3 Peaks Race, which our event is modelled on. Pushing the limits, Team Insanity participated on *J80 Jelik*; plus Eszter Csillag from Yacht Juice ran all 4 peaks, winning the Atlanta's Anchor award.

It was great to see Sailability back for the 2nd year, with their inclusive crew on yacht *Blu*. This year's team comprised of four sailors and 3 runners with disability joining, which enabled them to have an inclusive running team running on all 4 Peaks.

The article by Enrico Zanella, on the race sponsored by Solaris Asia, captures the event experience in an Italian style. Enjoy the read and be inspired!





Sailability Parasailors Inclusive Team in ABC Four Peaks Race 2024 sponsored by Solaris Yachts: Solaris One 48 Blu Skipper's report

By Enrico Zanella, Sailability Parasailors Inclusive Team

At 1:18pm, we crossed the finish line after 26 hours and 43 minutes, tired but very happy for our second participation in the competitive challenges of the ABC Four Peaks Race sponsored by Solaris Yachts. It was a tougher and more difficult edition for us than the previous one, characterised by strong winds and flat calms, intermittent rain and penetrating cold, relative to the temperatures of Hong Kong.

The ABC 4 Peaks Race is a multi-sport competition comprising sailing, kayaking and mountain running that was created in 1985 and is still organised by the Aberdeen Boat Club. Solaris Yachts was the sole sponsor of the 2023 and 2024 editions, and will also be the sponsor in 2025, an edition that will be characterised by the participation of runners arriving from other countries around the world.

This year, we wanted to use the Solaris One 48 *Blu* instead of the Solaris 40 *Mohan* (Senza Limiti) for various reasons, not least, to expand the experience of our Parasailors Racing Team. We therefore adapted a special chair to allow our helmsman Mark, who has muscular dystrophy, to carry out his precious task, which undertook in an absolutely remarkable way, proving an always concentrating helmsman with very good technique. Sylvia, Lung and Ok, who had polio, worked on setting the sails and managing the halyards, so were the sailing team. As for the runners, the team was made up of Camel, lower leg amputee; John, who is hearing impaired; and Calvin, who has autism, along with his mother Alice. The support team consisted of Kay, steward and co-skipper Fred, who has raced all four peaks including the eight kayak sectors, Tai, the boat captain, Ciro, our young sailor; and

finally myself, as skipper and co-owner of *Blu*. We thank the other owner of *Blu*, Reza Cockrell who unfortunately was unable to participate due to lack of space on board. The rules of the regatta impose a maximum of 3 sailors on board and 2 runners for each of the peaks; but we had a special concession because we need people to support the disabled. However, each summit must have an able-bodied person along with the disabled person; in our case the heroic Fred ran all four sectors.

But let's go to the event, starting in the morning of 27 January 2024:

The 5 boats of the IRC class depart first; then, at 10:40am we're in the second group to start, together with another 7 boats in the PHS A class; and after us the 6 boats of the PHS B class head out, making 19 boats in all. For all of us, it's already a success to be here!

The first sector goes from Tai Tam bay to Sai Kung in Port Shelter bay, with a navigation of approximately 26 kilometres (16 miles) for 90% upwind, experiencing variable winds from 9 to 15 knots, contrary currents and strong waves. We start by crossing the line on starboard tack, together with the others more or less all on the same line. After a while, some choose to tack to move towards the centre of the Sheung Sze Mun channel, between Cape d'Aguilar and Beaufort Island.

We leave the TCS2 port side navigation buoy, on our left, at the exit of the Tathong channel, and decide to stay on the right side to go up to the south of Ninepin Island to tack on our layline, the direct route, for Port Shelter bay passing to west of Trio Island. We enter Port Shelter bay heading directly towards Sai Kung in first or second place, with a notable gap from the others; but abeam Shelter Island the wind drops drastically for us and the lottery of the wind gusts begins. We lose this against *Generations*, which is in the same class as us.

At 2:00pm, we arrive at the kayak launch point, to begin the race towards the first peak – Ma On Shan, which requires covering approximately 13 kilometres with a difference in altitude of 702 metres. Kam Hung Fung "Camel" from Hong Kong, known as Blade Runner because he has a carbon laminar prosthesis on his right leg, and

Frenchman Frederic "Fred" Vaudaine, *Mohan's* volunteer skipper and a very strong runner who competes on all four Peaks, get into the kayak and after 5 minutes I'm on the ground to start the race towards Ma On Shan. We remain floating with the mainsail open in the Inner Bay, first together with those of the IRC class who have already arrived and then together with the others who have arrived. *Generations* has chosen another landing point at Trio Beach, which however requires a longer ride of a few kilometres.

We hoist the gennaker to be ready to open it as soon as our runners return, and at 5:30pm, after 2 hours and 19 minutes of racing, we are ready to set off, slowly, with mainsail and gennaker towards Repulse Bay, which is about 40 kilometres (25 miles) away.

Just out of the Inner Bay, we are welcomed by 10/15 knots of downwind wind, almost from behind, until the passage of the Ninepin Islands, which we decide to pass north of, to take us on the layline for the passage between the Sung Kong and Waglan islands. As soon as we pass the southern Ninepin island, the wind increases and changes direction to the point that we decide to reopen the jib and lower the orange gennaker with the Solaris Yachts logo.

We leave Sung Kong island on the right and head towards the Sheung Sze Mun channel to reach Bluff Head, leaving Stanley bay on the right and then Chung Hom Kok beach and Round island on the left, before finally entering Repulse Bay at 10:00pm, with the wind varying between 0 and 18 knots upwind and abeam, experiencing wind from the front and from the side. The transfer to land is more complex as Calvin, who is autistic, and his mother Alice sit on a standup board, and Fred tows them with the kayak for at least 150 metres, in favour of the tide.

As soon as they land, their three-person race begins, towards the Violet Hill summit which is about 6 kilometres away, with a difference in altitude of 433 metres – practically all of which involves steps. We remain in the bay, witnessing a drastic drop in the wind, which finally stops as soon as they return on board after hours. The return against the current was particularly hard for Fred, who clambers on board almost exhausted, barely moves for two minutes, then

resumes with his usual inexhaustible energy.
Running time: 1 hour and 30 minutes.

We set off again at midnight, remaining floating at the mercy of the tide, and after about 1 hour the first gust of wind arrives abeam, taking us out of the bay, where we progressively find 13/15 knots of wind which varies from close hauled to broad reach. We decide not to raise Code 0 and to remain with a reasonable safety margin; we're not here to win and take risks but to complete our inclusive undertaking.

We cross the East Lamma Channel, sailing towards the southern tip of Lamma Island to cross the West Lamma Channel, leaving Cheung Chau and Shek Kwu Chau islands on the right, and then heading north to reach Cheung Sha Beach, starting point for the run up Lantau Peak, which is about 11 kilometres away, with a difference in altitude of 943 metres.

We arrive at the disembarkation point at 04:00am, after about 32 kilometres (20 miles) of navigation, and there are 20/25 knots of gusts of wind. We manage to disembark our heroes. John, who is hearing impaired, and Fred paddle for about 1200 metres before reaching the beach from where their race within the race begins. We stay in the bay with a pinch of mainsail until the wind drops completely. Their race lasts 3 hours and 4 minutes; and at around 07:50 am we set off again with mainsail and jib, and with some flaring from 3 knots of wind upwind we slowly move towards the right side of the bay and hoist the Code 0, which we manage to hold for an hour. Then, the wind turns towards the bow, up to 14/16 knots, and so we close the tail and reopen the jib which makes us fly with four tacks towards Ha Mei Wan bay, Lamma, to disembark the runners at Lo So Shing beach after about 19 kilometres (12 miles) of navigation. It's now around 10:00am on 28 January.

The move involves Tai and Fred on the kayak, and Calvin and his mother Alice sitting on the standup board. John should have climbed this peak, but unfortunately has an inflamed tendon, so Calvin and Alice offered themselves as replacements. Tai will bring the kayak and standup board back on board, because we will pick the mother and son up on the other side of Lamma island at Mo Tat beach, after about 13 kilometres (8 miles) of navigation. This sea route

is akin to a half circuit of Lamma, which you can choose to do clockwise or anti-clockwise, covering about 13 kilometres (8 miles) either way. We and another boat choose to go around clockwise, others the opposite way. Our choice will prove to be by far the winning one.

At around 12:00pm, we arrive at Mo Tat and wait for our runners to arrive, which they do after 1 hour and 56 minutes of running and a few minutes due to misunderstandings about the meeting point. French mysteries!

Half an hour later, we set off again for the last 5 kilometres (3 miles) to cross the finish line, which we pass at 1:18pm on Sunday 28 January 2024; later than hoped thanks to a spiteful wind that made us suffer a lot. Today is also Sylvia's birthday, and for sure this is the best gift she receives!

I want to underline the great work by the Parasailors Team, who never gave up even for a minute, continuing to adjust the sails and steer the boat; Mark spent practically 25 hours at the helm. The same applies to our para runners, and the sheer effort they put into the race.

We dedicate this undertaking of ours to Mike Rawbone, the late co-founder of Sailability together with his wife Kay, who was always with us and welcomed us upon our arrival at the finish line with many butterflies. Without their love, their sense of solidarity, their passion and compassion, and their concrete vision of a better humanity, we probably would not have been able to face this great adventure together, in a truly inclusive and consolidated team today more than ever.

One last note: everyone on board has learned to use a magical expression that can mean you are doing well, you are doing badly, what are you doing?, you are doing well!, you are smart and many other things even how stupid you are! The magic words are: Mamma mia!!!

Thanks to all the competitors, the ABC team, Yilina Liu and her team, and to Solaris Yachts – and good luck to everybody! See you in the ABC Four Peaks Race 2025, sponsored by Solaris Yachts!



Regular campaigner, Generations

WAGLAN SERIES 2023-24

WORDS AND PHOTOS BY FRAGRANT HARBOUR

Supported by: 

Another Fine Contest as ABC's Premier Race Series Enters 20th Year

The Aberdeen Boat Club's Waglan Series covers two seasons and spans two years. It features 12 scheduled races, four of which are windward / leewards, and eight are islands courses. The name was inspired by the iconic lighthouse on Waglan Island – for more than a century and a quarter, a welcoming sight for seafarers approaching Hong Kong.

Waglan Island (Wang Lan) is part of the Po Toi group in Hong Kong's southeastern waters. Its light was first lit in 1893 and is still used as a navigational beacon to this day. It could not be a better name for a yacht racing series, and even

the main bar of one of Hong Kong's major sailing clubs!

Conceived in 2004 by the Club's rear commodore sailing, Barry Hill, it attracts boats from all around the territory, with by far the largest contingent coming from the Royal Hong Kong Yacht Club. Fleets of 30 competitors are quite common. Take Race 7 of the Waglan Series 2023-24, for example: 31 boats entered, 27 showed up for the start off Middle Island. Some big names, too – *Neo One*, *Next*, *Wild Card*, *Kikukie's Dream II*, *Arcturus+* – along with regular campaigners *Generations*, *Intrigue*, *Shun Shui* and the Hans Christian classic, *Bowline*, racing under the relatively new Performance Handicap System.

Conditions were mild early on 14 January 2024; but race officer Alex Johnston was confident that things would improve. He was right. Course 17 was set for both IRC and PHS – L for the faster boats (20 nautical miles) and S for the cruisers (14.6 nautical miles). The longer course would see the faster boats braving the swells off Cape d'Aguilar and rounding Shek O Rock, whereas the cruisers would leave Fury Rocks to starboard before heading back to a Tai Tam Mark, and home to a finish off Round Island. The same finale for IRC.



Jinn heads for Tai Tam

Approaching the committee boat at 1020, Pascal Martin helming *Skywalker* signed in late, confirmed by assistant race officer, Jennifer Li. *Skywalker*, a Jeanneau 42-footer, managed to score a 6th in PHS A. And the happy crew of *Muxu* wished the management team a "Happy New Year!" as they prepared for the start.

Although classified as a 'Casual' entry, it was also good to see the old *Redeye*, under new ownership, back on the course and competing with the best in IRC. *Redeye* was formerly owned by the late Paul Leese and represented the Aberdeen Boat Club at many of Hong Kong's key sailing events.



The old and the new



Skywalker gets its kite under control



DBX2 crosses the Beaufort Channel

The RO laid one of his famously long start lines, together with a windward mark in towards Repulse Bay. This time, having sorted out their ammunition problems, the race management was able to give both fleets a loud 'bang' for their starts and finishes – a gun is by far the best way to energize a fleet of racing machines and add more excitement to a boisterous start!

Not only was it the first race of 2024, but Race 7 was the first in Mini Series 2. Basically, the 12-race Waglan Series is divided into two 'mini' series – one in the first year, one in the second year, each consisting of six races. Those who couldn't make all the races in Mini Series 1, for example, had a chance to make it in Mini Series 2. Or the other way around. For a six-month event, starting in early October and ending in late March the following year, this split has definite advantages for itinerant crews and those with business commitments and, of course, there are the traditional holidays at Christmas, New Year and Lunar New Year when many people leave town.



Happy King heads for the Tai Tam Mark



Figaro



Kite problems, Easy Breezy II



Ganyibei, winner of PHS B

The RO made his welcoming address at 10:40, and warned everyone to stay out of the Lamma Traffic Separation Scheme. At 11:00, the gun went for the 11 boats in IRC A and B gathered mostly at the pin end and, five minutes later, 15 starters in PHS gathered momentum as they headed for the windward mark. There was plenty of enthusiasm in both starts – it seems everybody was out to begin the Year of the Dragon on a high note!

Around the windward mark, the boats began to spread out, with *Kikukie's Dream II* and *Wild Card* leading the way. As expected, the wind began to increase and the IRC boats were soon around Chung Hom Kok and passing the Tai Tam Mark.

In 8 knots of easterly breeze, all boats reveled in the conditions and the management team was soon recording finishing times. *Tipsy Easy* with its long waterline romped home in 2 hours, 3 minutes

and 52 seconds. On handicap, the IRC 1 Division was won by *Redeye*, followed by *Wild Card* and *Neo One*. IRC 2 saw seasoned campaigner, *Intrigue*, ahead of *Zesst* and Stefan Fillip's *Neo One*.

In PHS A, *Five O One* performed well to win on handicap, with *Tipsy Easy* 2nd and *Generations* 3rd. *Boss* retired.

Sammy Wong's *Ganyibei*, a newcomer to the racing scene, won PHS B, with *Easy Breezy II* and *Bowline* 3rd. *Water Rabbit* was the last PHS boat home at 14:03:33; but last to finish Race 7 of the Waglan Series 2023-24 was the unfortunate *2 Easy*. Ah well, better luck next time, Tiger.

Races 8 & 9 of the Waglan Series 2023-24 will be held on 18 February 2024.



Water Rabbit threads through the Optimists

Beer & Wine of the Month Promotion - March

香港 | BREWED IN HONG KONG | 製造

YOUNG MASTER
少爺

ABC

墨 HONG KONG
BLACK

STOUT
ABV 4.2% | IBU 15
Silky | Roasty | Chocolatey
\$54 PER BOTTLE

香港 | BREWED IN HONG KONG | 製造



Wine of the Month
March 2024

Vasse Felix
Vasse Felix Sauvignon Blanc 2019/20
Margaret River, Australia
100% Sauvignon Blanc
An enticing perfume reminiscent of pistachio ice cream. Complex floral, citrus, spice, and herbal tones intermingle with a delicate custard base. A luscious, yet soft body with delicate creamy texture, and light, drying tannins. The fresh entry carries slowly to a perfumed finish with hints of lavender and pistachio.

Vasse Felix
"Filius" Cabernet Sauvignon 2021
Margaret River, Australia
90% Cabernet Sauvignon, 10% Malbec
Incredibly soft, juicy and approachable with intense dark fruit flavour. Silken berry puree with fresh fruit acidity and a soft powdery dry tannin finish with lingering cassis and dark chocolate flavours.

\$75/ Glass **\$330/ Bottle**

VASSE FELIX
MARGARET RIVER



Beer & Wine of the Month Promotion - April

★ SAPPORO
YEBISU 350mL

Premium
YEBISU
Full-bodied, full-flavored beer,
that is what YEBISU beer is.

\$36
/ Can

Premium
YEBISU
BORN IN 1890, TOKYO
We produce premium beer brewed from
100% fine malt and select hops with
Sapporo's traditional art.

100% エビスビール (生)



Wine of the Month
April
Boschendal Estate, South Africa

\$75
by glass
\$345
by bottle

\$79
by glass
\$368
by bottle

Sommelier Selection
Chenin Blanc 2022

BOSCHENDAL
Sommelier Selection
Pinotage 2019




ABC Easter Programmes



Good Friday, 29 March

Seafood BBQ Gala with LIVE BOSTON LOBSTERS

*Half a Lobster for each paying adult member!

The Galley & The Patio, 7pm

Meat-less dinner – with a fabulous range of seafood on the grill including mussels, bay prawns, Alaska crab legs, whelks, clams, scallops, trout and salmon, accompanied by steamed vegetables and sweet potatoes.

HK\$398 only for adult

HK\$228 for children aged 3-12 years

HK\$328 for members over 65 years of age

Easter Saturday, 30 March

Whole Lamb on a Spit

The Patio, 7pm

Roast lamb accompanied by a fantastic choice of salads, vegetables, pasta, curries, sea foods and delicious ABC special desserts.

HK\$318 only for adult

HK\$218 for children aged 3-12 years

HK\$268 for members over 65 years of age



Easter Sunday Activities, 31 March

Early-Bird Breakfast Buffet

The Patio, 7:30am – 11am

Adults: HK\$90

Children aged 3-12 years: HK\$65

Easter Egg-Hunt

Children's Playground, 11am – 11:30am

An egg-citing Easter Egg Hunt will take place at the Children's Playground

Children aged up to 10 years: HK\$45 **Children aged up to 10 years: HK\$45**

Family Egg Race

Middle Island, 3pm

Eggcellent teamwork in a hilarious egg race!

Easter Brunch & Delectable Dessert Buffet

The Galley & The Patio, 12pm – 3pm

Indulge in a freshly prepared buffet with a variety of options such as salads, hot cross buns, ham, marinated roast lamb, barbecued sirloin steak, satays, sausage varieties, shepherd's pie, squid ink pasta with prawns, pizza, spaghetti Bolognese, stews, grilled Mediterranean vegetables, and corn on the cob. Don't miss our talented pastry chefs' dessert showcase, featuring fresh fruit, carrot cake, chocolate cake, mango pudding, cupcakes, and beautifully decorated cakes.

HK\$318 for adult

HK\$218 for children aged 3-12 years

HK\$268 for members over 65 years of age

Add HK\$80 for free-flow sparkling wine and Carlsberg can beers

Scan to book



Aberdeen Boat Club 香港仔遊艇會 | F: 2873 2945 | T: 2552 8182 | www.abclubhk.com



F&B PROMOTIONS

March

Scan to Book



Booking at 2552 8182 or
email to booking@abclubhk.com

Yoshinogawa Sake & Japanese Food Pairing Dinner with Mr. Ryuichi Nagahara

Main Clubhouse

Thursday, 14 March | 7pm

Price: \$695 per person

The event is by invitation only and based on a first-come, first-served basis. Please email Henry or Lal at bar@abclubhk.com for these special events!

Extremely limited seats available.



St. Patrick Day Buffet with complimentary wine tasting

The Galley & The Patio

Saturday, 16 March | 6pm

Price: \$318 Adult

\$268 For member over 65 of age

\$218 Child (3-12yrs)

Add \$30 for 2 Hours Free-Flow Beer

(Early bird for first 20pax including free flow green beer)

Featuring traditional Irish cuisine, green beer, festive decorations & amazing Irish music. Remember, on St. Patrick's Day, it's all about celebrating with good craic, wearing green, and raising a pint of Guinness to toast the luck of the Irish!

Festival of Colors Brunch - Holi Celebrations

The Galley & The Patio

Saturday, 23 March | 6pm

Price: \$318 Adult

\$268 For member over 65 of age

\$218 Child (3-12yrs)

Add \$30 for 2 Hours Free-Flow Beer

(Early bird for first 20pax including free flow Thandai & Can Beer)

ABC will celebrate with a perfect blend of colors and Indian delicacies. There will be umpteen varieties of Indian dishes, including different sweet recipes and Thandai recipes. *Color Festival starts from 7pm onwards at designated area

Make your life more colorful & tasteful with food & drinks & live PERFORMANCE.



April

Scan to Book



Booking at 2552 8182 or
email to booking@abclubhk.com



Songkran Water Festival Celebration

The Middle Island Clubhouse

Saturday, 13 April | 12pm

Price: \$318 Adult

\$268 For member over 65 of age

\$218 Child (3-12yrs)

Add \$30 for 2 Hours Free-Flow Beer

(Early bird for first 20pax including free can beer)

Celebrate Songkran Festival with us! Enjoy a delicious Thai buffet featuring cuisine from all four regions, and join in the fun of water splashing* from 2pm to 3pm to wash away sins and bad luck. Don't miss this vibrant and refreshing experience! *At designated area

Seoul-Tokyo BBQ & Ramen Night with complimentary wine tasting

The Galley & The Patio

Saturday, 20 April | 6pm

Price: \$318 Adult

\$268 For member over 65 of age

\$218 Child (3-12yrs)

Add \$30 for 2 Hours Free-Flow Beer

(Early bird for first 20pax including free can beer)

Join us for some splendid Seoul food, as we bring back the USDA Premium "Wang Galbi" Beef on BBQ (limited to 1 serving per adult), served together with a wide range of Korean delicacies!



Street Food around the World

The Galley & The Patio

Saturday, 27 April | 6pm

Price: \$318 Adult

\$268 For member over 65 of age

\$218 Child (3-12yrs)

Add \$30 for 2 Hours Free-Flow Beer

(Early bird for first 20pax including free can beer)

Treat yourself to a culinary tour of the world and indulge in the spring specials of street food delicacies. Experience a wide array of unlimited choices featuring street food from various countries across the globe.

Home Wine Delivery March 2024

Free Wine Tasting (Saturday, 16 March) 6:30pm - 8:30pm

SPARKLING	Price	Qty	Amount
Dopff au Moulin Cremant d'Alsace "Cuvee Julien" Brut N.V., Alsace, France Dry and elegant Crémant, showing hints of quince and white flowers, fine bubbles with good length and weight.	\$150		
WHITE / ROSE / DESSERT WINE	Price	Qty	Amount
Georg Muller Riesling Trocken Gutswein 2020, Rheingau, Germany Aromas of nectarine and a little acacia are the first impressions. Thyme and vegetable notes replace the presence of the fruit. The first sip confirms the variety. First of all an earthy fruit aroma, long lasting sweetness, clear acidity and notes of herbs at the end.	\$155		
Bodegas Benegas "Clara Benegas" Chardonnay 2019/22, Mendoza, Argentina Elegant notes of peach, pineapple and white flowers. It grants body and structure.	\$130		
Tyrrell's Hunter Valley Semillon 2022/23, Hunter Valley, Australia The nose is clean with a hint of lemon richness, the palate continues with fresh citrus and concentrated grapefruit flavours. The finish is pleasing with a balance of fruit and soft acid.	\$170		
Bodegas Vina Nora "Nora da Neve" Albarino 2017/18, Rias Baixas, Spain Notes of ripe fruits stand out, such as medlar and tangerine, as well as more complex nuances, such as garrigue vegetation, bay and chars accompanied by hints of toffee and toasty aromas. The complexity of this wine is intensified on the palate, where it is silky, full bodied and fresh at the same time.	\$260		
RED WINE	Price	Qty	Amount
Bodegas Benegas "Juan Benegas" Malbec 2019, Mendoza, Argentina Fresh notes of red fruits like strawberry and plum, the wood aging grants notes of vanilla and caramel. Consistent wine with some sweet tannins granting a soft and delicate volume with a balanced acidity and medium persistency.	\$130		
Bodegas Mano a Mano "Venta la Ossa" Tempranillo 2018, Castilla-La Mancha, Spain Very ripe red and black fruit with notes that remind us of low forest; rockrose, rosemary and thyme, all well assembled with a touch of oak. In the mouth it is powerful, tasty, long and invites you to continue drinking.	\$180		
Vasse Felix Syrah 2018/21, Margaret River, Australia Fresh bright raspberry fruit with wet forest floor and a few fresh mushrooms rising. Some cherry wood with a hint of hickory and fresh peat. Luscious entry with good polish building to a firm but fine dry finish. Lovely raspberry coulis with a few raspberry pip flavours linger on a fine, fresh, stemmy, mineral finish.	\$260		
Travaglini Nebbiolo Coste della Sesia D.O.C. 2022, Piedmont, Italy On the nose, aromas of red fruit, blackberry, plum and licorice with hints of vanilla and leather. On the palate, full-bodied, with intense flavors of cherry, raspberry and spice culminating in a long and smooth finish.	\$210		
Please Note: The listed items do not qualify against minimum monthly F&B charges			
	Grand Total:		

Member Name: Mr. / Ms / Mrs. Membership Number: _____

Tel No: (Office) _____ (Home) _____

Delivery Address: _____

Delivery Date: _____ Member Signature: _____

Total amount will be charged to Member's account. Order accepted by email or in person.

Email: bar@abclubhk.com

FREE delivery will be offered for purchase over HK\$1,500, pls allow 3 working days for delivery.

All wines are subject to availability.

Home Wine Delivery April 2024

Free Wine Tasting (Saturday, 20 April) 6:30pm - 8:30pm

SPARKLING	Price	Qty	Amount
Nicolas Feuillatte, Reserve Exclusive Brut NV (WS91) Aromas of juicy pear and crunchy apricot merge and weave in a beguiling fusion around a mass of delicate bubbles, gradually unleashing their true character over time.	\$398		
WHITE WINE	Price	Qty	Amount
Francois Carillon, Bourgogne Aligote 2021 A wine with less acidity and more volume. It is much on the fruit, it is a wine to be drunk when young. It is also very refreshing and should be served fresh.	\$250		
Cordier, Pouilly Fuisse, Vieilles Vignes 2022 The intense and driving middle weight flavors possess outstanding mid-palate density along with fine minerality that adds a sense of lift to the powerful yet refined finish.	\$330		
Domaine Drouhin, Maisonette Chardonnay 2020 Gorgeous, polished, and elegant. On the nose, a burst of gardenia flowers, lemon zest, and ginger follow through to a small thread of custard and pine nut on the palate.	\$245		
Cristia Collection, Cotes du Rhone Blanc 2021 Floral aromas with hints of white peach. A smooth, delicate start to the palate with floral notes and a tense and salty finish that whets the appetite.	\$175		
RED WINE	Price	Qty	Amount
Bacalhoa, Quinta do Carmo Reserva Tinto 2012 With a deep red color, this wine has a complex aroma with notes of red fruits such as strawberry. Hints of orange blossom, coffee and crystallized fruit.	\$385		
Terrasses Tour Saint Christophe 2019 Focused and rather game nose, almost a background of white chocolate chunks along with cedarwood. Flavors such as raspberry, blood orange, cocoa powder can be tasted here.	\$205		
Arnaud Baillet, Bourgogne Rouge, Cote d'Or 2021 Aromas of wild red fruits, flowers and refined spices, open the way to balsamic and mineral suggestions. An elegant red with notes of mushroom and cherry notes.	\$300		
Castello Tricerchi, Rosso di Montalcino DOC 2019 (FS91) complex, with hints of strawberry, cherry jam, lightly spicy with floral and mineral notes. Taste balanced, intense, with dense and elegant tannins. A long savoury, mineral finish.	\$250		
ROSE	Price	Qty	Amount
Leoube, Love by Leoube Rose 2021 (FS91) This is a quintessential, dry Provence rose style. Pale Pink and with attractive fruit flavours of strawberry and white peach, it has fine overall balance. Drink anytime as an aperitif and with Mediterranean food.	\$190		
Please Note: The listed items do not qualify against minimum monthly F&B charges		Grand Total:	

Member Name: Mr. / Ms / Mrs. Membership Number: _____

Tel No: (Office) _____ (Home) _____

Delivery Address: _____

Delivery Date: _____ Member Signature: _____

Total amount will be charged to Member's account. Order accepted by email or in person.

Email: bar@abclubhk.com

FREE delivery will be offered for purchase over HK\$2,000, pls allow 3 working days for delivery.

All wines are subject to availability.



Pleasure Vessel Grade II Operator Certificate Courses (Part A master, Part B engineer)



Part A (Master)

Dates	: 18, 19 April 2024	15, 16 August 2024	14, 15 November 2024
Times	: 7:00pm to 10:30pm		
Syllabus	: Rules, Lights, Shapes, Buoyage and Signals, Seamanship, Local knowledge and the Laws of Hong Kong Fire & gas precautions.		
Cost	: HK\$2,200 for member/person/course.	HK\$2,800 for non-member/person/course.	

Part B (Engineer)

Dates	: 25, 26 April 2024	22, 23 August 2024	21, 22 November 2024
Times	: 7:00pm to 10:30pm		
Syllabus	: Engine general construction, Diesel & Petrol fuel, fuel systems, electrical systems, ignition systems, Lubrication, cooling & pumps, transmission systems, operation & maintenance, fire & gas precautions.		
Cost	: HK\$2,200 for member/person/course.	HK\$2,800 for non-member/person/course.	

Notes:

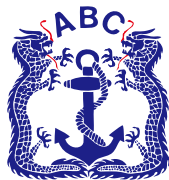
1. Students who attend these two courses will be required to sit their examinations at the PEAK Examination Centre, Vocational Training Council ("VTC") after completion of the course. Successful candidates after they get the license which issued by Marine Dept. will be entitled to operate a vessel in Hong Kong waters up to 15 metres in length with engines of any power.
2. Courses are entirely theoretical for the relative examination. Practical boating is not required for the examination.
3. Examinations are normally held on selected weekdays, you may register your examinations to the PEAK Examination Centre ("VTC") by post or online registration. Document required for the examination application:- a ready examination application form, a copy of your identity document, examination fee HK\$1,100 (HK\$550 for Part A and HK\$550 for Part B), cheque payable to "Vocational Training Council". There will be a minimum of 5 students and a maximum of 20 students/course. If there is insufficient support for a course, that course will be cancelled and those already enrolled will be informed accordingly. Members who responded to the initial inquiry and whose names are held on file will be given priority.
4. Course Instructor: Alan Chau.
5. Please forward the completed application form(s) to Ms Cobo Liu by email mbs@abclubhk.com or by post or hand to the Admin Office of the Club.
6. For applying the examinations to the PEAK Examination Centre ("VTC"), please visit <https://www.peak.edu.hk/exam/en/md> for more information.

Eye test certificate requirement: <https://www.mardep.gov.hk/en/forms/pdf/md687.pdf>

Note: Get your eye test certificate before booking the examinations

The address of the PEAK Examination Centre ("VTC"):
VTC Tower, 27 Wood Road, Wanchai, Hong Kong
Tel. no. 2919 1467 Email : cpdc@vtc.edu.hk

N.B. Before booking and fixing your examination date, you have to allow enough time for finishing all the model questions, so as to prepare the examinations efficiently.



Pleasure Vessel Grade II Operator Certificate Courses

Application form

Part A (Master)

Surname: Mr/Mrs/Ms _____ Forename(s): _____

Account number: _____ Telephone: (Mobile) _____ (Office): _____

Fax: _____ Email: _____

Please enroll me on the course for Part A (Masters) to be held at 7:00pm – 10:30pm

() 18, 19 April 2024 Thursday & Friday

() 15, 16 August 2024 Thursday & Friday

() 14, 15 November 2024 Thursday & Friday

Please debit my account with \$2,200. -

For Non-Member please include a cheque with \$2,800. Payable to Aberdeen Boat Club Ltd.

Address: 20 Shum Wan Road, Aberdeen, Hong Kong.

Signature

Date

Part B (Engineer)

Surname: Mr/Mrs/Ms _____ Forename(s): _____

Account number: _____ Telephone: (Mobile) _____ (Office): _____

Fax: _____ Email: _____

Please enroll me on the course for Part B (Engineer) to be held at 7:00pm – 10:30pm.

() 25, 26 April 2024 Thursday & Friday

() 22, 23 August 2024 Thursday & Friday

() 21, 22 November 2024 Thursday & Friday

Please debit my account with \$2,200. -

For Non-Member please include a cheque with \$2,800. Payable to Aberdeen Boat Club Ltd.

Address : 20 Shum Wan Road, Aberdeen, Hong Kong

Signature

Date



WAGLAN

Series

2023-2024

8 OCT
22 OCT
5 NOV
19 NOV
10 DEC

**MINI
SERIES
ONE**

**MINI
SERIES
TWO**

14 JAN
18 FEB
3 MAR
17 MAR
24 MAR
7 APR

OPEN TO ALL

IRC, PHS (FORMALLY HKPN) BOATS

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