



2014/01-02

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HORIZONS

THE MAGAZINE OF THE ABERDEEN BOAT CLUB

ABC hosts the
Southside Regatta

The Six Bolts from Hell
Confessions of a Teak Junky

Learn to Sail over
Chinese New Year

Fresh revisions
to bye-laws



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HORIZONS ISSUE 2014/01-02

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Cover photo by Michele Felder: 29er racing, Day 2 of the ABC Southside Regatta

This is a double issue of *Horizons*. The next issue of *Horizons* will be published in early March. *Horizons* welcomes ABC member contributions of articles and photos. Please contact the editor at ann.white@ppp.com.hk



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Commodore's Letter

As you read this the new year will have dawned, and I wish you all well for 2014.

The Club's AGM was held on 26th November. We welcome new members of the General Committee: Eric Tang, Jo Allum, Wayne Robinson, Andres Hernandez and Stephen Hilton, while giving sincere thanks to Bruce Perkins, Michael Tsui, Janice Goh, Richard Clement and Bart Kimman for their many and excellent contributions to the Club through the committees in recent years. Thanks too for co-optees who diligently served over the the last year.

The Officers were re-elected and remain as before, except for the position

of Rear Commodore – Sailing, to which Chris Pooley was elected, taking over from Bruce Perkins after his many years of fine service to the Club.

An EGM was held immediately before the AGM, confirming the amendments to our Articles of Association passed at an EGM in November 2012, but required by revised procedures to later be vetted by Government.

Elsewhere in this issue of *Horizons* you will learn of the 30th anniversary of the Four Peaks Race to be held in mid-January. It is pleasing that the competitors will include several of the "grand originals" who joined the first race in 1985. Thanks



to all who have made the race what it is over the past three decades.

I would like to wish all members a very happy and prosperous Year of the Horse, and look forward to seeing you around the Club in the new year.

John Berry
Commodore

Flag Officer's Report

Chaired by the vice commodore, the development committee conceptualizes, plans and implements the Club's long-term vision. Our task covers the major upgrade of Middle Island and projecting a vision for the main Clubhouse and its facilities. Subcommittee members include architects, civil engineers, town planners, quantity surveyors, accountants, lawyers and communications specialists. Committee members in 2013 included David Tait (chair), John Berry, Alan Child, Mark Clift, Matthew Johnson, Paul Scroggie, Richard Clement and Janice Goh, who left for Australia mid-summer with our sincere thanks for all her hard work.

The Club's plan for Middle Island, a key objective to drive us through our Golden Jubilee in 2017 and beyond, is on track and on budget. In 2013 the development committee defined the Club's needs for Middle Island, requested tenders from contractors, scrutinised and evaluated submissions and selected and appointed primary contractors and subcontractors.

In July, ABC appointed MAP Architecture and Planning Limited as the primary architectural consultant, believing their submission best answered the RFP and addressed the Club's needs. MAP bring a consortia of experience with Hyder Consulting Limited, H A Brechin

& Co. Ltd., and Knight Frank Ltd. MAP's consultancy will be over two years, during which time concepts evolve into detailed plans to be agreed for submission to various Government departments to gain permissions needed to proceed. The agreement with Hong Kong Electric and RHKYC to upgrade the electricity supply to Middle Island allows us to ask the Hong Kong Government Lands Department to change the current temporary occupancy lease to a permanent one.

As plans take shape, the development committee tries to incorporate Club members' wishes, whether they involve dinghy sailing, cruiser racing, children playing, youth development, power boating, F&B needs or socialising. We report monthly to the General Committee and members of both the House and Sailing and Marine subcommittees attend meetings to ensure that voices of the Club are heard. We are keen to retain Middle Island's special spirit as we upgrade its facilities.

The upgraded Middle Island will be open more often, offering better services for all, with greater food and beverage outlets, more hard standings for boats, better pontoons, upgraded changing facilities and a new sea frontage that allows swimming in the sea and safe access for children to the littoral area. It will be available for members' private



functions with enough capacity for normal daily use.

The near future will see considerable expense of energy, time, resources and money to realize the development vision and the development committee has been vigilant to ensure members get the best value. Some \$18.7m, around 37 percent of the anticipated total \$50m fundraising, has been accumulated into the development fund, of which \$4m has been earmarked to improve the electricity supply to Middle Island and HK\$8.5m to the project's submissions.

Recently we held our third town hall meeting for members, showcasing Middle Island plans and gaining member feedback. We will inform members of Middle Island's ongoing progress and will seek views and opinions as the plan unfolds.

Please note that Mark Clift takes over as chair of the development committee from me as of 1 January.

David Tait
Vice Commodore



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General Manager's Letter



New Club bye-laws

After many months of revisions and amendments, the new bye-laws of the Club are finally ready and will take effect on 1st January 2014, after placement on the notice boards and the website for the requisite period. Hard copies are being printed as I write this article but you may consult the website now for the new rules and regulations that govern the operation of our Club.

The Club bye-laws now have been separated into two different sections: the rules, which are the general aspects of the behaviour and procedures that every member is expected to observe; and the regulations, which more specifically apply to certain activities and outlets of the Club.

I would strongly recommend that each and every member take the time to familiarize himself with these new rules and regulations, as stronger actions and fines now have been put in place to prevent disturbance to the harmony and the peace of the Club. These bye-laws will be reviewed and revised as needed in future as our society changes.

The main areas of change relate to:

1. Signing in of guests and limits to the number of guests in outlets;
2. Power given to GM to refuse entry to people under the influence, inappropriately dressed, misbehaving or known as a nuisance to the Club and its members;
3. Logging of lost and found items;
4. Illegal usage of Club facilities outside operational hours;
5. Phone, dress code and conduct;
6. Emphasis on presentation of the Membership card before placing any order;
7. Mooring, berthing and storage of boats following 2012's contract renewal;
8. Rules on Club access by personal staff, and emphasis on supervision of children as the responsibility of parents;
9. Restricted usage of the Club by children over the age of 21; and
10. Restrictions on pets in any part of the Club.

Please carefully read these comprehensive changes. In future issues of *Horizons* magazine, I will detail the do's and don'ts for each area, one at a time. I look forward to our membership's increased awareness of the rules by which our Club is regulated.

Expansion joint and concrete repair

In February the Club will undergo its (hopefully final) structural and concrete repairs with the fixing of the last remaining expansion joint located between the pool and the Galley coffee shop patio. While most of the work will happen in the carpark below, some disruption may be expected on the patio. I shall keep you informed of the programme and progress through our e-newsletter in the coming weeks.

During this period the operation of the coffee shop will need to be restricted. Food and Beverage Manager Alok Kumar has put in place an alternative that he explains on page 6 of this issue.

Fleet repair

You may have noticed that our two boats *Invicta* and *Cheoy Lee* are in the process of long-overdue engine replacements. The older *Invicta* was purchased in 1986, and as with the slightly newer *Cheoy Lee*, has served the Club well with many more years of useful service to come.

Pontoon usage

Middle Island pontoons are intended to be used for pleasure and visits to the island and not to be used as permanent berthing. I note a recent trend by some boaters and sailors to leave their boats on the pontoon overnight and sometimes over the whole week. If you cannot replace your vessel to its original mooring for any reason let us know. The Committee is considering implementing a charge for such boats left unattended on the pontoon without reasonable notice and explanation.

As a first step to improve Middle Island pontoon usage, if you berth your boat on one of them you must either be on the boat or using Middle Island facilities. In no case should you park your boat and leave the premises. The only

exception would be if you overnight on a Saturday having decided to come for Sunday breakfast at the Main Clubhouse.

New committee members

At the AGM held on 26th November, 11 members of the General Committee were either elected or re-elected as follows. (A full list of members of various subcommittees can be viewed on our website under <http://www.abclubhk.com/article.aspx?ArticleID=3>)

John Berry

Re-elected member of General Committee, Commodore

Nicholas Horvath

Re-elected member of General Committee, Honorary General Secretary

Mark O. Clift

Re-elected member of General Committee, Development Committee Chairman

Alan Child

Re-elected member of General Committee, Development Committee

Graham Price

Re-elected member of General Committee, House and Building Committee

James Ross

Re-elected member of General Committee, Sailing and Marine Committee

Andres Hernandez

Elected member of General Committee, House and Building Committee

Eric Tang

Elected member of General Committee

Jo Allum

Elected member of General Committee, House and Building Committee

Wayne Robinson

Elected member of General Committee, House and Building Committee

Stephen Hilton

Elected member of General Committee, Sailing and Marine Committee

Middle Island Project and building levy

At the Club's most recent town hall meeting in November, more comprehensive development plans for Middle Island were presented to members. These plans encompassed the requirements stated in the brief given to our design and project manager, MAP Architecture. Comments received are being incorporated into the development.

The coming two years will be crucial for Middle Island as shortly we will enter the process of applying to various government departments for approval of steps to realize the future development of our Club. The process of approvals to planning applications and gazettals will be considerable before work can start on Middle Island, taking us to 2016. We look towards an opening of the next phase in 2017 to celebrate the 50th anniversary of the Club. You will have received our Commodore's letter informing you that the building levy for Middle Island development will need to be continued to ensure sufficient financial build-up.

Video library

As previously announced from 1 January 2014, the DVD's library as it works today will end, to be replaced by a DVD exchange in two locations. Since the appearance a few years ago of smartphones and android phones that give personal entertainment another dimension, our DVD and video library has become just about redundant.

All monthly charges now will be stopped and our actual stock of movies reallocated and disposed of as below:

- Some will be stored in the **gym** for your convenience when training. You will be able to take them home and replace them with some of yours as this site becomes a video exchange platform.
- Some will be stored in the **Bridge** on the

third floor where you can exchange them with other members as we have been doing for many years with books.

- It goes without saying that any video brought in for the purpose of exchange with others must be genuine.
- Most of the DVDs will be on sale for \$10 during the months of January and February. DVDs remaining at the end of February will be disposed of.

Mooring charge increase

At the June 2013 budget meeting, an increase in our Aberdeen Typhoon Shelter mooring fees was approved, in line with other Hong Kong sailing clubs, due to increasing maintenance costs. As a result, the fees noted at right will be implemented as of 1 January 2014:

Aberdeen Typhoon Shelter moorings:

BOAT SIZE IN METRES	2013 PRICE	NEW PRICE
5 to 8	1300	1985
8 to 11	1500	2255
11 to 14	1800	2568
14 to 17	2200	2880
17 to 20	2500	3300
20 and bigger	2800	4000

Deepwater Bay moorings:

BOAT SIZE IN METRES	2013 PRICE	NEW PRICE
5 to 8	800	1377
8 to 11	900	1481
11 to 14	1100	1690

Finally, the Club will close on Thursday 30 January after lunch and will reopen as normal on Sunday 2 February for breakfast at 8:30 am. On Monday 10 February the Club will close after lunch for the evening staff party. From all of us at the Club, best wishes for a happy and healthy Year of the Horse.

香港仔遊艇會全體同仁恭祝大家馬年吉祥·龍馬精神!

Philippe de Manny

General Manager

Waglan 3 Race – Top Results

HKPN Division A					
1st Overall		2nd Overall		3rd Overall	
Boat Name	Skipper Name	Boat Name	Skipper Name	Boat Name	Skipper Name
<i>The Farr Side</i>	John Berry	<i>Thea</i>	Stephen Vine	<i>White Crane</i>	Francois Najean

HKPN Division B					
1st Overall		2nd Overall		3rd Overall	
Boat Name	Skipper Name	Boat Name	Skipper Name	Boat Name	Skipper Name
<i>Banter</i>	Rob Sallons	<i>Zephyr</i>	Park Ng	<i>Aquarius</i>	Josephine Cheng

IRC					
1st Overall		2nd Overall		3rd Overall	
Boat Name	Skipper Name	Boat Name	Skipper Name	Boat Name	Skipper Name
<i>Kei Lun</i>	Richard van den Berg	<i>Intrigue</i>	Ian Nicolson	<i>Redeye</i>	Paul Leese

J80					
1st Overall		2nd Overall		3rd Overall	
Boat Name	Skipper Name	Boat Name	Skipper Name	Boat Name	Skipper Name
<i>FG3</i>	Stephen Davies	<i>JeNa PaBe</i>	Ben Chong	<i>Javelin</i>	Lewis Cerne



January and February promotions

I hope all members had a good time over the festive season.

In response to requests from members, our F&B team will host a Seafood Extravaganza along with a Hotpot buffet and free wine tasting in January.

In February, the Patio will be closed for renovation. During this renovation period, we will serve a limited menu in the Galley coffee shop: burgers, sandwiches, a few curries and several Chinese dishes. During February, we will host a Roasted-Pig-on-a-Spit evening and an Angus Beef Night with free wine tasting.

Staff

As of 1 November 2013, Henry Lam has been promoted from the headwaiter position to assistant restaurant manager. Anthony Cheung joined the ABC as a waiter, Stephen Tsang joined us as a senior waiter, and Sekhar Mall joins the Club as a senior waiter. Michael Leung is back with us again as headwaiter and Zacki Fong as waitress. Pastry chef On Nam Ng has retired and Choi Hon Lam replaces him as the Club's pastry chef. Danny and Sang have left us for different pursuits.



F&B Manager Alok Kumar

We welcome these newcomers as ABC food-and-beverage service-team members and wish them a bright future at the Aberdeen Boat Club.

Alok Kumar
F&B Manager



Valentine's Evening Dinner, the Four Peaks Friday, 14 February

6:30 – 11 pm

Experience a five-course set dinner with unlimited sparkling wine, surrounded by romantic music. All ladies will receive a special gift.

\$1,288 per couple
Children (3-12 year of age) \$128

To reserve, call the Four Peaks at 2553 3422



Seafood Extravaganza, the Sun Deck Saturday, 11 January

6:30 – 9:30 pm

Choose from an array of salads, vegetables and barbecued squid, scallops, prawns, red mullet, sea bass, pomfret, sardines, snapper, mussels and clams.

Desserts include fresh fruits and Strawberry Napoleon.

Adults \$298

Children (3-12 years of age) \$198

To reserve for your family and friends, call the Galley at 2554 9494 or the Four Peaks at 2553 3422



Hotpot Buffet, Free Wine Tasting, the Sun Deck and Bar Friday, 17 January

6:30 – 8:30 pm

Choose from an array of offerings of noodles, soups, meat and dumplings, seafood and vegetables, including mushrooms and bean curds.

Adults \$208

Children (3-12 year of age) \$128

To reserve for your family and friends, call the Galley at 2554 9494



Tsingtao Brown Gold
\$24 per bottle

Brewed according to a German formula under a modern process using slow ripening and a unique low temperature. Made with malt, rice and hops, this well-balanced beer has a malty aroma and taste.

January Beer of the Month
Aberdeen Boat Club 香港仔遊艇會



Orange Martini
Orange juice, vodka, orange Muscat, bitters.
By the glass \$45

January Cocktail
Aberdeen Boat Club 香港仔遊艇會



Giesen Sauvignon Blanc 2013, New Zealand
An aromatic blend displaying elderflower, kaffir lime leaf, pink grapefruit and dried herb. The fruit and aroma spectrum show a greater depth of tropical notes with a distinct greener profile running through as well. The palate has a vibrant citrus focus with considerable fruit concentration, finishing crisp and bright. Alc. 12.5% by volume.



Giesen Merlot 2011, New Zealand
The 2011 Giesen East Coast Merlot has an enticing nose showing cassis notes intermingled with spicy plum, warm earth, mocha and vanilla. The palate is fruit-focussed with flavours of tamarillo and dry spice and has a touch of smoky oak and a soft mid-palate wrapped inside fine-grain structural tannin. Alc. 13.5% by volume.

by the glass \$45
by the bottle \$220

Wines of the Month – January
Aberdeen Boat Club 香港仔遊艇會



Home Wine Delivery January 2014

	\$/Bottle	Quantity	Amount
Wines			
Highfield Estate Elstree Cuvée Brut 2007, Marlborough, New Zealand Pale-straw in colour with a very fine bead. Aromas of limes and grapefruit and delicate sherbet notes with some lightly toasted biscuit characteristics.	\$210		
Matetic EQ Chardonnay 2010, San Antonio Valley, Chile Notes of honey and peaches, along with caramel and cream were given by the barrel fermentation. A more full-bodied Chardonnay on the palate with firm acidity.	\$155		
Tohu Mugwi Reserve Sauvignon Blanc 2012, Marlborough, New Zealand Vibrant white currant, guava and gooseberry aromas with a grapefruit and passion fruit core. Some pungent herbaceous and jalapeño flavours in the background. Two-time winner of the world's best Sauvignon Blanc at London International Wine and Spirits competition.	\$165		
Mt. Langi Ghiran Cliff Edge Pinot Gris 2009, Grampians, Australia Aroma of pear fruit with background guava, exotic spice, ginger and hints of jasmine. Lemon sorbet, pear and hints of ginger lead a palate showing good layered, dense texture and fine acid length.	\$188		
Matetic Winemakers Blend 2010, San Antonio Valley, Chile A blend of Cabernet Franc, Malbec and Syrah. Aromas of red fruits, chocolate and spices. On the palate, the Cabernet Franc possesses the structure and tannins, the Malbec adds in flowers and berries, and the Syrah provides the notes of spices, violet hints and moist earth.	\$165		
Tohu Rore Reserve Pinot Noir 2010, Marlborough, New Zealand This wine has a fragrant and perfumed nose that delivers cherries, red brambly fruits and a marked wild thyme character. The palate follows through with a very powerful yet elegantly textured and silky mouthfeel that bursts with ripe red berries, complex forest floor and mushroom notes and some smoky yet restrained oak.	\$250		
Mt. Langi Cliff Edge Shiraz 2006, Grampians, Australia Aromas of dark berry fruits and hints of roasted coffee with background mixed spice characters. A dark and deeply complex integration of berry fruits and mixed spice. Length of palate and flavour is supported by subtle acidity.	\$188		
Highfield Estate Pinot Noir 2010, Marlborough, New Zealand Aromas of ripe plum, cherry and blackcurrant with well-integrated light oaky spice. Weighty in the mouth with cherry and plummy flavours integrating effortlessly with an abundance of silky smooth and well-developed tannins.	\$220		

Free Wine Tasting { All of the above wines will be available for free tasting at the Galley on **17 January, 6:30 – 8:30 pm, at the hotpot special event.** }

Remember to place your wine order together with your catering order.
Minimum order 12 bottles. Mixed cases available.

Member Name: _____ Membership Number: _____

Tel (Office): _____ Tel (Home): _____

Delivery Address: _____

Delivery Date: _____ Member Signature: _____

The total amount will be charged to the Member's account. Order accepted by mail, fax or in person. Contact the Food & Beverage Department at 25556216 or Fax: 28732945
Deliveries free for order of 12 bottles. Please allow three working days for delivery. All wines are subject to availability.





Home Wine Delivery February 2014

	\$/Bottle	Quantity	Amount
Wines			
Kissing Bridge Chardonnay 2012, Southeastern Australia Medium-bodied, textured yet refreshing. White-fleshed stone fruits with light, fresh cream are followed by hints of ginger and a twist of citrus.	\$90		
Mansion House Bay Sauvignon Blanc 2012, Marlborough, New Zealand Gooseberry and bell pepper on the nose lead into a palate of lush passion fruit and kiwi fruit. Mouth-wateringly fresh, this is an absolute benchmark and a wine not to be missed.	\$150		
Whitehaven Sauvignon Blanc 2012, Marlborough, New Zealand Vibrant white currant, guava and gooseberry aromas with a grapefruit and passion fruit core. Some pungent herbaceous and jalapeño flavours fill the background. Two-time winner of the world's best Sauvignon Blanc at London International Wine and Spirits competition.	\$170		
Ashbrook Riesling 2012, Margaret River, Western Australia Light-straw colour with tinges of green, an attractive floral aroma and an elegant, clean, flavoursome palate that finishes crisp and very dry.	\$210		
Simonsig Cabernet Merlot 2011, Stellenbosch, South Africa Aromas of dark chocolate, blackcurrant, rosemary and cedar wood. The palate is mulberry and dark chocolate, and the finish shows some fine but gravelly/mineral tannins.	\$90		
Whitehaven Pinot Noir 2011, Marlborough, New Zealand A medium- to full-bodied wine with round, filled flavours of plum and cherry; very soft and silky. Supple tannin and oak spice support primary fruit flavours.	\$255		
Château Tanunda 2010, Shiraz Primitivo, Barossa Valley, south Australia Lifted aromas of blackberry, plum and black pepper with spicy, dark berry fruits on the palate have benefitted from the addition of Primitivo, native to southern Italy, adding vibrant cranberry, raspberry and strawberry flavours.	\$165		
Galeón España, Monastrell 2011, Yecla, Spain Dark-ruby in colour, its bouquet of leather, earth, herbs, black cherries, liquorice and plums is confirmed on the palate – round, spicy, elegant, attractively fruity and extremely versatile.	\$125		
Marc Hebrart Selection, Premier Cru, Champagne, France Its seductive aromas of ripe flesh fruit, dominated by yellow peaches and mirabelle plums and notes of spices and honey, are punctuated by a hint of candied fruit evoking bergamot and orange peel.	\$450		
Simonsig Kaapse Vonkel 2010, Sparkling Wine, Stellenbosch, South Africa Lively and vibrant flavours of fresh green apples and citrus with hints of red berry flavours, the palate is very well-balanced with plenty of berry and apple flavours and hints of yeastiness.	\$150		

Free Wine Tasting { All of the above wines will be available for free tasting at the **Angus Beef buffet at the Sun Deck and bar on Friday, 7 February, 6:30 – 8:30 pm.** }

Remember to place your wine order together with your catering order.
Minimum order 12 bottles. Mixed cases available.

Member Name: _____	Membership Number: _____
Tel (Office): _____	Tel (Home): _____
Delivery Address: _____	
Delivery Date: _____	Member Signature: _____

The total amount will be charged to the Member's account. Order accepted by mail, fax or in person. Contact the Food & Beverage Department at 25556216 or Fax: 28732945
Deliveries free for order of 12 bottles. Please allow three working days for delivery. All wines are subject to availability.





Malaysian Buffet, the Sun Deck, Friday, 24 January

6:30 - 8:30 pm

Featuring an array of sup kambing, pasembur, ulam salad, mixed satays, fish head curry, bean sprouts chicken, beef rendang, oyster omelette, char kwai teow and nasi dagang.

Adults	\$208
Children (3-12 years of age)	\$128



To reserve for your family and friends, call the Four Peaks at 2553 3422

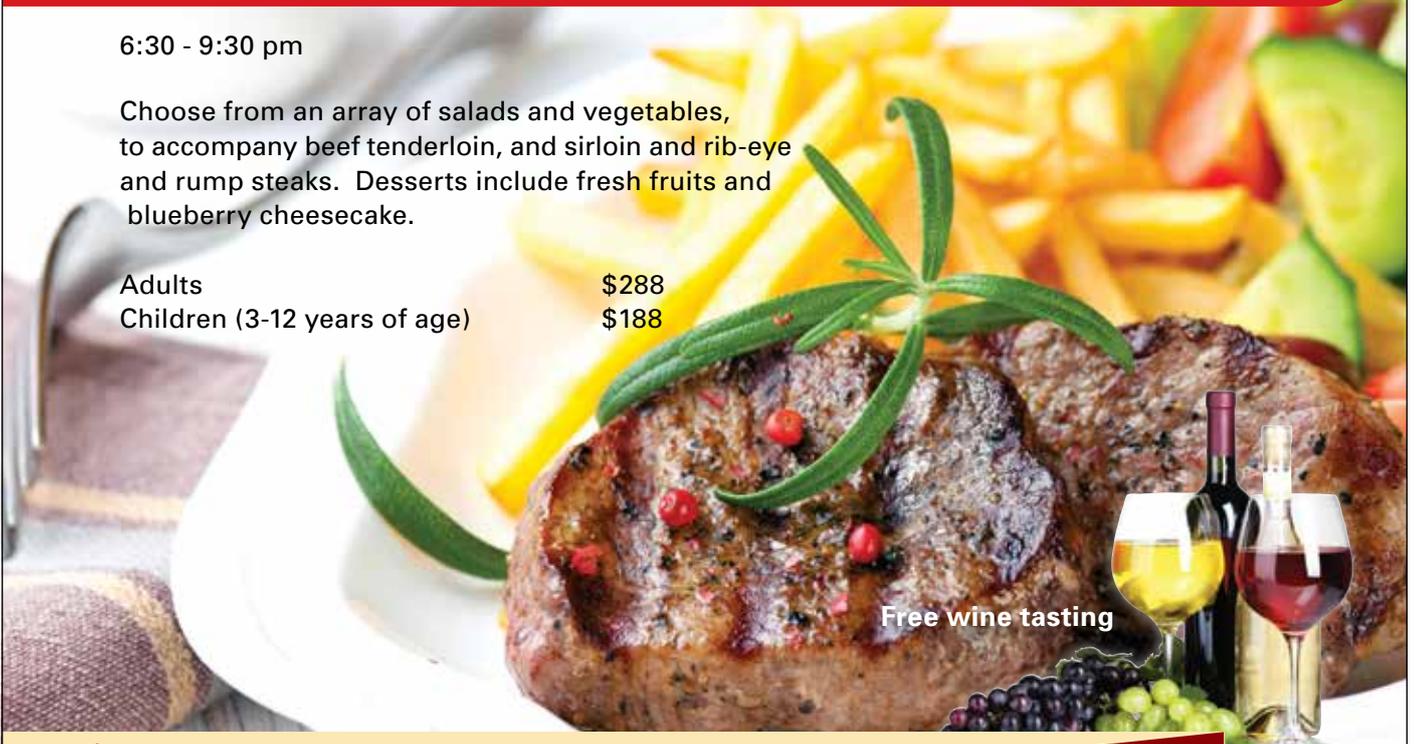


Angus Beef Night, Free Wine Tasting, the Sun Deck Friday, 7 February

6:30 - 9:30 pm

Choose from an array of salads and vegetables, to accompany beef tenderloin, and sirloin and rib-eye and rump steaks. Desserts include fresh fruits and blueberry cheesecake.

Adults	\$288
Children (3-12 years of age)	\$188



Free wine tasting

To reserve for your family and friends, call the Four Peaks at 2553 3422



Roasted Pig-on-a-Spit Evening, the Sun Deck Saturday, 22 February

6:30 - 8:30 pm

Enjoy roasted pig and your choices from
an array of salads, vegetables and desserts.

Adults \$238
Children (3-12 years of age) \$138



To reserve for your family and friends, call the Four Peaks at 2553 3422

Lagaria Pinot Grigio, 2012 Lagarina Valley, Trentino, Italy

*Straw-yellow in colour, with engaging floral and fruity aromas (apple, apricot and pear).
Medium-bodied with a distinct character and balance.*

*Entirely from the homonymous grape, this is a brilliant, smooth, medium-bodied, fresh and
well-balanced wine; extremely eclectic with food, ideal for aperitifs and parties.*

*The grapes come from vineyards of the Lagarina Valley south of Trento and northeast of Lake
Garda. The valley's privileged position as the hub of warm air currents from the lake and
cold ones from the Dolomites translates into significant fluctuation between day and night
temperatures. This favours fragrance of aromas and intensity of bouquet. Alc. 12.5% by volume.*



Monte Antico, 2009 Tuscany, Italy

*Deep ruby-red, this "Super Tuscan" wine is a blend of 85% Sangiovese, 10% Merlot and 5%
Cabernet Sauvignon varietals. Strong aromas of black cherry, spice and plum mirror the classic
attributes of a Tuscan wine. The palate is medium- to full-bodied, with strong flavours of ripe
red fruit amongst hints of vanilla and spice. Alc. 12.9% by volume.*

By the glass \$50
By the bottle \$240



Wines of the Month – February

Aberdeen Boat Club 香港仔遊艇會



Hot Tiramisu Mocha (non-alcoholic)
Hot milk, tiramisu syrup, chocolate syrup, espresso
\$38



Valentine's Creamsicle
Fresh cream, strawberry extract, tequila and cassis liqueur
\$45



February Cocktails

Aberdeen Boat Club 香港仔遊艇會



Samuel Adams Boston Lager

Alc. 4.9% by volume
\$30 per bottle

Samuel Adams Boston Lager helped lead the American beer revolution, reviving a passion for full-bodied brews that are robust and rich with character. Since 1984, Samuel Adams Boston Lager has used only the finest hand-selected ingredients to create this perfectly balanced, complex and full-bodied original brew.

It is with much sadness that we write to advise that Vic Locke, the founder and Managing Director of Jade Marine (HK) Ltd, died in late November. Vic was an inspirational and much respected character and his contribution to yachting was considerable. He will be sorely missed.

Jade Marine will continue to act as the local distributor and service agent for Bavaria yachts and the board has appointed Anthony Day as Managing Director. Anthony is an experienced yachtsman and a long-time resident of Hong Kong with a wealth of relevant experience and the board is very confident that Jade Marine is in the best possible hands going forward. Please do not hesitate to contact Anthony at anthony@jademarinehk.com or on +852 9091 8775 to discuss any service or other enquiries that you may have.



February Beer of the Month

Aberdeen Boat Club 香港仔遊艇會



Jade Marine (HK) Ltd
Tel: (852) 9333 8084
info@jademarinehk.com
Website: www.jademarinehk.com



Nagisa Sakai (above) and Lauren Mead

ABC Hosts the Southside Regatta

30 November – 1 December 2013

By Kevin Lewis, photos by Kevin Lewis, Michele Felder and Bob Aylsworth

The Southside Regatta, first organised in June 1995, was “reborn” in 2010 at the ABC as our Club’s premier dinghy event.

The Southside Regatta aims to be an appealing, exciting and professionally run event.

This year, we expanded the Regatta to include two race areas, and for the first time, we invited multihulls. With three divisions racing off East Lamma (Hobie 16s, F18s and 29ers) and four divisions in Stanley Bay (open divisions A and B, Optimists and 420s), the organisation required was complex and detailed.

Matters were not helped when both ABC committee boats broke down just days before the event, and an ABC RIB along with three Club 29ers were unavailable as they were already in a shipping container heading overseas for the Australian Nationals!

Still, as we headed into the weekend the forecast was looking good and a total of 109 Regatta entries had been received.

As the Regatta is set for the first weekend of December each year, we always hope for good weather conditions, and this year we were not disappointed. While Saturday might have had a bit more breeze, generally conditions were excellent, with wind between eight and 14 knots and clear blue skies on both days.

The 29ers and multihulls managed eight races (four per day), while the course completed a total of six races, three each day.

Such a big event needs much help, but particular thanks must go to Greg Sinclair, principal race officer, and Bo Fussing, race officer for the 29er and multihull fleet. David Tait stepped in to provide a committee boat at the last moment, as did our friends at RHKYC who lent us their Noel Croucher and two support RIBs. Gybe were back with sponsored black polo shirts for the event, and Fragrant Harbour supplied prizes. A team of 35 volunteers, helpers, coaches and instructors were on the water both days.

“

Racing was serious and competitive, and the inclusion of Picos and Fevas in Division B really indicated that the Southside Regatta was a regatta for all ages and abilities.”



Division A start, Day 1



Division B start, Day 1

Of course special thanks must also go to the ABC marine staff and F&B department, who not only provided the best-ever volunteer sandwiches, but also a great Sunday afternoon competitors' buffet.

Full details of the event are on our own ABC website, and three albums of photos are to be found on the ABC Facebook page. Next year's Southside Regatta takes place on 6 and 7 December 2014; book the date now! 



Tom Nunan and Gabriel Kicks

29er
Hong Kong





RS Fevas racing, Day 1



Lluís Tarrida (left) and Justin Davidson





Matthew Wright and Russell Aylsworth



420s racing upwind



Kenny Yim and Josephine Cheng in the RS500



Pedro Lagartinho and Robert Biuk-Aghai from Macau

Race Results

Awards presented by Rear Commodore-Sailing Chris Pooley



Southside Regatta Prizewinners

Dinghy (Division A)	Skipper Name
1st Overall	Wan Chi Wai and Chan Yuk Wah (470) (HKSS)
2nd Overall	Rita Yau and Katie Mok (470) (STA)
3rd Overall	Cem Yurdum (Laser radial) (RHKYC)
Dinghy (Division B)	Skipper Name
1st Overall	Nicholas Bezy (Laser 4.7) (J-Asia)
2nd Overall	Riley Cameron (Laser 4.7) (J-Asia)
3rd Overall	Antonio Franco (Laser 4.7) (HHYC)
Optimist (Division C)	Skipper Name
1st Overall	Wilson Yun (HKSS)
2nd Overall	Nancy Highfield (J-Asia)
3rd Overall	Thorwen Uiterwaal (RHKYC)
29ers (Division D)	Skipper Name
1st Overall	Cosmas Grelon and Akira Sakai (ABC)
2nd Overall	Yann D'Argenlieu and Nathan Bradley (ABC)
3rd Overall	Ferdinand Heldman and Leo Giustiniani (RHKYC)
420 (Division E)	Skipper Name
1st Overall	Tse Sui Lun and Chik Ho Yin (HKSS)
2nd Overall	Calum Gregor and Hugo Christensson (RHKYC)
3rd Overall	Siu Ka Chun and Tam Yu Him (HKSS)
F18 and Other Multihulls (Division F)	Skipper Name
1st Overall	Peter Davies and Gaetan Verhegge
2nd Overall	Doris Hung and Christoph Grebe
3rd Overall	Chris Steilberg
Hobie 16 (Division G)	Skipper Name
1st Overall	Tom Nunan and Gabriel Kicks
2nd Overall	Tong Shing and Kit Tong
3rd Overall	Karl Chan and Bendy Li
Dinghy Class Prize	Skipper Name
470	Wan Chi Wai/ Chan Yuk Wah
Laser 2000	Joe Chan / Michael Wong
Laser Radial	Cem Yurdum
Laser 4.7	Nicholas Bezy
RS Feva	Ryan Wong / Madeleine Walker
Pico	Yau Sheung Ching

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2014 ABC Chinese New Year Youth Sailing Programme Weds 5 – Sun 9 February 2014

Application Deadline
Fri 24 Jan

Traditionally, ABC does not offer too many activities during Chinese New Year as our Club closes for several days and also quite a few people plan a break away from Hong Kong. This year, however, we offer a limited one-week sailing programme. Places are very limited, so early application is essential. As usual, full details are available on our website and enquiries can be made to SailingSecretary@abclubhk.com. Weather will be colder, so it is essential to wrap up warmly. Even so, sailing conditions can be great – often with sunshine and good wind. We particularly recommend our Sailing Trip and Round Island Barbecue days. Applications should be submitted on or before **Friday 24 January 2014**.

Date & Time	Junior Course	Activity	Eligibility	\$Cost (Member/ Non-member)
Weds 5 – Sun 9 Feb AM	✓	Optimist Stage 1	Age 7 – 11	840 / 1,215
Weds 5 – Sun 9 Feb AM	✓	Optimist Stage 2	Age 7 – 11; passed Optimist Stage 1	840 / 1,215
Weds 5 – Sun 9 Feb PM	✓	Optimist Stage 3	Age 7 – 11; passed Optimist Stage 2	840 / 1,215
Weds 5 – Sun 9 Feb PM	✓	Optimist Stage 4 Race Training	Age 7 – 11; passed Optimist Stage 3	840 / 1,215
Weds 5 – Fri 7 Feb		3 Day Topper / Pico / Feva Supervised Practice	Age 11 – 18; passed HKSF Level 2	1,512 / 2,190
Weds 5 – Sun 9 Feb		HKSF Level 1 and 2 Beginner Course	Age 12 – 18; basic entry level for teenagers	2,520 / 3,650
Sat 8 Feb		Sailing Trip (Tai Tam, Po Toi or Stanley)	Age 13 – Adult; passed HKSF Level 2	590 / 855 adult 504 / 730 youth
Sun 9 Feb		Round Island Beach Barbecue	Age 7 – 18; passed Optimist Stage 3 or HKSF Level 2	504 / 730



2014 French International March Break Youth Sailing Programme Sat 8 – Weds 12 March 2014

Application Deadline
Fri 28 Feb

Specifically for students with a week off in March, ABC is offering a one week programme as follows. Full details are on our website; note applications should be submitted on or before **Friday, 28 February, 2014**.

Date & Time	Junior Course	Activity	Eligibility	\$Cost (Member/ Non-member)
Sat 8 – Weds 12 Mar AM	✓	Optimist Stage 1	Age 7 – 11	840 / 1,215
Sat 8 – Weds 12 Mar AM	✓	Optimist Stage 2	Age 7 – 11; passed Optimist Stage 1	840 / 1,215
Sat 8 – Weds 12 Mar PM	✓	Optimist Stage 3	Age 7 – 11; passed Optimist Stage 2	840 / 1,215
Sat 8 – Weds 12 Mar PM	✓	Optimist Stage 4 Race Training	Age 7 – 11; passed Optimist Stage 3	840 / 1,215
Mon 10 – Weds 12 Mar		Laser 1 Introduction Course	Age 12 – adult; passed HKSF L2	1,512 / 2,190
Mon 10 – Weds 12 Mar		RS Feva Introduction Course	Age 12 – 18, passed HKSF L2	1,512 / 2,190

Adult Race Training in 2014

ABC would like to offer regular race training for adults in 2014. This will be a natural progression for sailors who have joined our courses and attended Saturday afternoon supervised-sailing sessions. The focus will be on sailing the single-handed Laser 1. ABC will support the initiative with a dedicated instructor and when needed will ship Lasers around Hong Kong to various regattas and training events for participants. For further information, please contact Kevin at DinghySailing@abclubhk.com

RS
Feva

CLUB CHAMPS HONG KONG '14



**11TH & 12TH
JANUARY**

ENTRY DEADLINE: THURS 2 JAN 2014

FOR ANY FURTHER INFORMATION

PLEASE EMAIL: SAILINGSECRETARY@ABCLUBHK.COM

NOR AND ENTRY FORM AVAILABLE AT WWW.ABCLUBHK.COM





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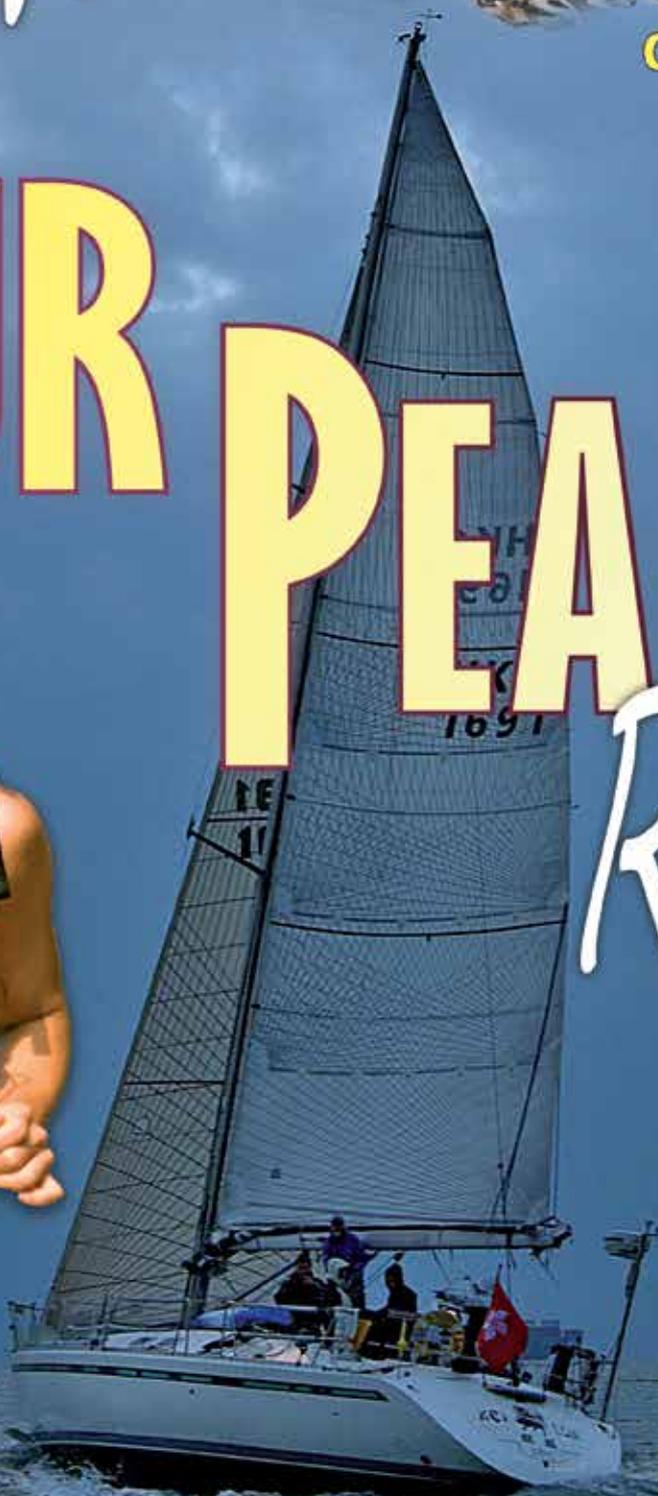


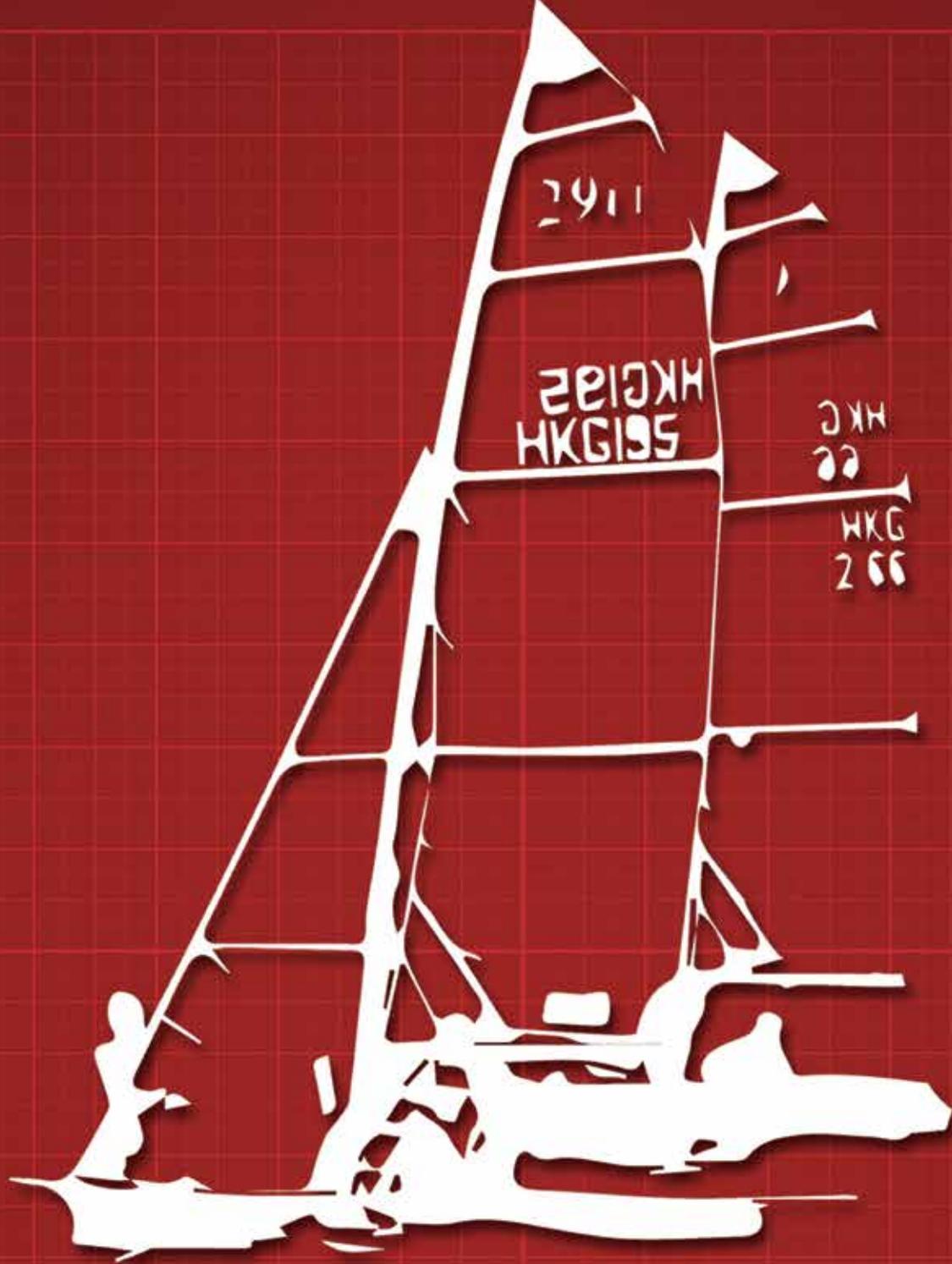
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For entry form and sailing instructions, download from www.abclubhk.com





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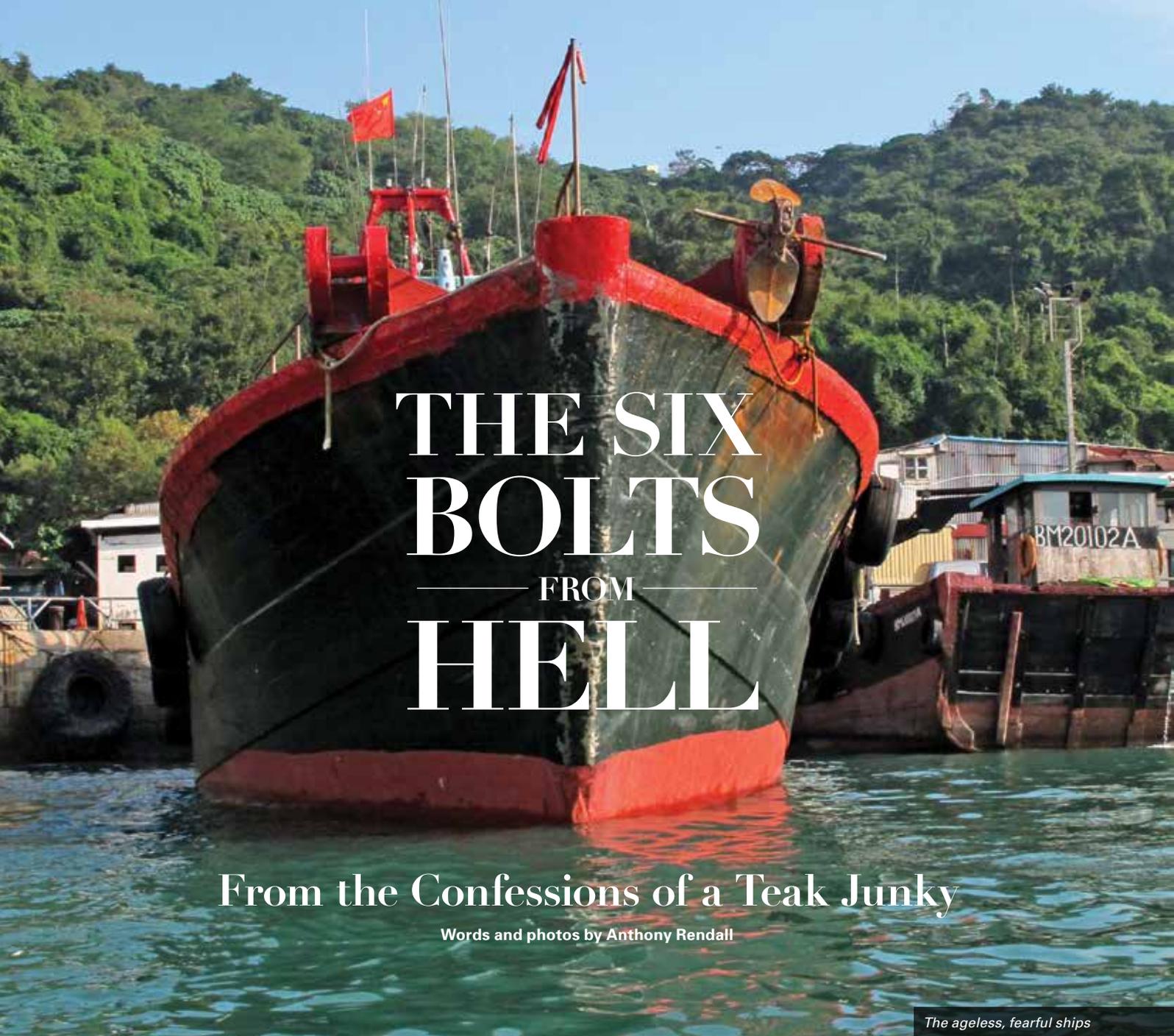
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THE SIX BOLTS — FROM — HELL

From the Confessions of a Teak Junky

Words and photos by Anthony Rendall

The ageless, fearful ships

I should have seen it coming when we bought the junk last June. Nic the expert had pointed out the pitiful state of our twin V8 engines' exhausts, but I hadn't dared peel off the rust-stained bandages that held the pipes together, looking like a bunch of writhing, mummified pythons. And so it was that on a late-September morning, between Repulse and Deep Water Bay, my wife – the ever-patient, ever-trustful, ever-enduring Susanna – came out of the bathroom claiming that the loo was on fire.

This must be serious, thought I, wondering how smoke could have gotten past the engine room bulkhead. And so, passing over the helm, I opened the trapdoor to be greeted by a geyser of steam pouring out of the starboard exhaust, which had filled the hold with a noxious, non-life sustaining mixture of water vapour and carbon monoxide. We made it home on one engine and once moored, I resolved to take the wretched pipe off, bring it ashore and get it fixed.

“
My wife came out
claiming the loo
was on fire.”

Enter my old, familiar companion, Anguish. Having removed the foul bandages, I discovered that both the dry and wet sections of the exhaust were entirely consumed by rust. As if devoured by some monstrous red fungus, it looked quasi-organic – and sick, horribly sick! As for the bolts that held the various bits together, they had all but disappeared under the ferrous excrescences. I tried all my spanners, but try as I may, I couldn't get a decent grip: it felt like turning the knob on a pepper grinder.

In their catalogue of angst-triggering events, alongside spiders, heights and enclosed spaces, psychologists could add reluctant bolts. In certain circumstances, a rusted screw is enough to throw me into a state of panic. It's as though, pinned down by a single metal shard, my whole world had suddenly jammed solid, generating a sense of acute asphyxia. Add the hot, cramped and lightless environment of the engine room – how could it



“
As if devoured by
some monstrous red
fungus, it looked
quasi-organic – and
sick, horribly sick!”

be any worse? Between the manifolds and the exhaust tank, nothing budged: six feet of thick iron pipe, rusted solid. I quickly conceded defeat, re-oxygenated, took some pictures and headed for Po Chong Wan, where I wandered for two hours, feeling like Humpty Dumpty, looking for a welder to put my exhaust back together again.

Unfortunately, they were all busy fixing the trawlers that lined the quay, coming and going between their open-air workshops and the sunken engine rooms of the ageless, fearful ships – those with the towering black helms that make even the 80-foot police patrol boats look kindly.

The first time I saw Big Lo, he didn't even turn round to face me. “No ... no ... no ...,” was all I got until, in a last attempt to get rid of me, he added: “No *yingish* ...” Two days later – I'd established a routine by then, visiting all the workshops before lunch, with my pitiful photographs – I passed the Ming Kee Machine Engineering Company again. This time, I was greeted by Cheung, Big Lo's boss, who, even though he couldn't speak English either,

obligingly looked at my photo album. He then called his wife on the phone, spoke at length of the *gweilo* and his predicament, and handed me over. She explained that Cheung would take a look at my exhaust straight away and give me

“
Big Lo picked up
an old bucket, threw
in a handful of tools
and followed us to
the tender.”

a price for the work the next morning. I gratefully agreed and offered to take him to the boat. Big Lo picked up an old bucket, threw in a handful of tools and followed us to the tender.

Five minutes later, we were in *Oriental Friendship III's* engine room. Simple, Cheung seemed to be saying, *we'll take it off and carry it over to the workshop. But it's stuck!* thought I, in silent despair, *How are you going to get it out? You need an electric*

grinder! A blow torch! A generator, a propane bottle!

I pointed to the rusty bolts. “They don't want to come out,” I explained, apologetically. They didn't understand my English, nor my sad face, but after one look at the rotted heads and the state of the metal plates, they got the gist.

But were they worried? Not in the least. Did they break into a sweat? Did their blood pressure jump up? Not in a thousand years ... Instead, they stared at the rusty stumps with the cold eyes of professional assassins, displaying a mixture of contempt and bloody determination. There was not the slightest doubt in their minds as to whom – man or screw – would get the upper hand. And deep in their darkest, rustiest threads, the bolts knew it too.

And Big Lo got to work. I was mesmerised. One spanner, two locked spanners, a wake-up call with the hammer, two spanners again ... No movement, but not the slightest hesitation either: mind over matter. Then came the mallet and the chisel. Bang! Bang! Bang! Three murderous knocks on the head, at an angle,

Hanson Adjustable Pliers
(since 1866)@!



“ I braced myself for a new show of Herculean antics. ”

followed by a powerful wrench with the adjustable spanner. Terrified, four of the six bolts gave up without further resistance, while their two remaining buddies, *bloodied but unbowed*, refused to budge. Big, Relentless, Indomitable Lo hit them with the chisel five more times. *Le coup de grâce*. I felt the vibrations through the soles of my flip-flops. Poor bolts! They were completely disfigured by now, their once-hexagonal heads resembling a couple of roasted chestnuts.

What now? I wondered, slightly dazed, when I saw Big Lo take a pair of locking pliers out of his bucket. Clever tool, the Hanson Adjustable Pliers (since 1866)@! It took me so long to understand how they work that when I finally got it, I deemed myself as clever as the man who'd invented them! Suddenly, it all became clear: far from trying to decapitate the bolts with that last salvo, Big Lo had been patiently reshaping their heads, looking for a perfect fit with the pliers' crooked jaws. Mind over matter! So off came the last two bolts, followed by the exhaust, which was then diligently carried ashore.

A price having been agreed, two days went by until they returned with the pipes. They looked wonderful: the wet

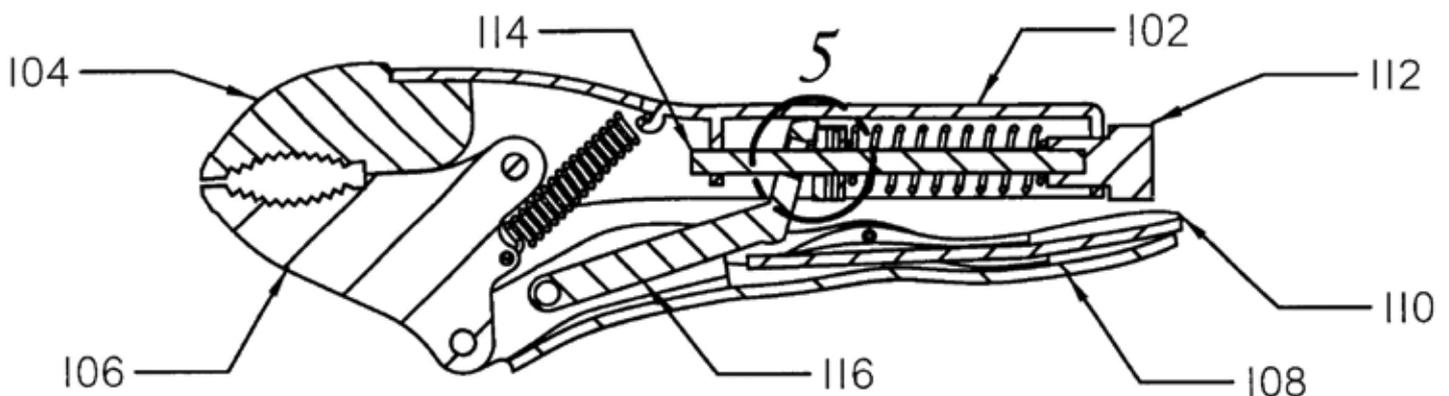
section was brand-new and had been upgraded to dual-core stainless steel. As for the two dry exhausts, they had been stripped of rust and repainted, with two good years of service left in them, Cheung explained.

Where was the entertainment going to come from this time? I wondered. I braced myself for a new show of Herculean antics. What followed was the exact antithesis ...

For the next hour and a half, Cheung and Lo assumed the hushed voices and patient, meticulous demeanours of a pair of professional manicurists. Using all manner of files and thread chasers, they gave my old Caterpillar the scrub of its life. Even the grease they used seemed to glitter with tiny copper-coloured particles, straight from last year's Chanel nail varnish colour chart. And as if that wasn't enough, they wrapped the exhaust up in three different coats of isolating material, stitching it all together with metal thread. When they were finished, it looked like something that had just come out of the nursery.

Just like an Ernst Lubitsch comedy, I reflected: it's always the killers that end up putting baby to bed. ✎

How a Hanson works





Race preview



Alan Child preparing for a run up Lantau Peak on the first-ever Four Peaks Race; reproduced on cover of Sailing Instructions for the second year the Four Peaks race was run.

2014 ABC Four Peaks Race: What's It All About?

by Elaine Morgan



Four Peaks race dropping zones

It's about seamanship, tactics, hillcraft, fitness and endurance. It's about safety and knowing the rules. For volunteers, it's about peak controls, safety boats and monitoring progress, keeping the authorities informed and being ready to handle emergencies ...

"But what is it really like?," people often ask.

Here is what one past competitor wrote:

"It's about luck ... quick thinking ... and preparation, preparation and preparation. It's about beating up to Port Shelter and glimpsing the first mountain, **Ma On Shan**, towering behind Sai Kung.

"Then downwind under spinnaker past the Ninepins, coming in to drop runners for **Violet Hill** in the dark, kayak over the side and the runners after, paddling hard into the beach, then up and up ...

"It's about waiting on board 'til the cry goes up. 'They're on the beach ... Stand by the halyards, the sheets, catch the painter ... they're aboard ...'

"Then **Lantau Peak**, majestic, steep, runners in the surf then on through the gate ... climbing ... climbing ... climbing ... climbing ... Cold as charity on top ... running hard downhill. Knees shaking and aching. Then ... PADDLE!! as the boat races in for the pickup ... slow now ... grab them ... all secure ... trim on ... let's go!

"It's **Mt. Stenhouse**. The wicked hill. So often at night. Short. Steep. Thick with bush. High with bamboo. Creepers tangling your ankles. A slippery maze of boulders, hillside shoulders and windy ridges. Mount Strenuous, we joke...the race-maker ... and race-breaker.

"It's about the finish ... The gun, the cheers, and the beers.

"It's unique and addictive."

It's the ABC Four Peaks Race. 



West Island School Scout Troop volunteers
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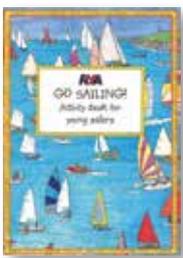
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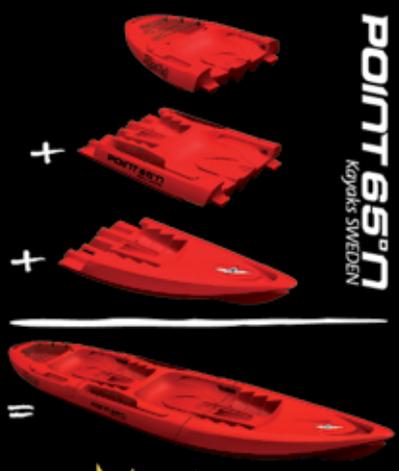
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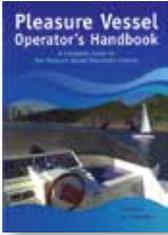
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