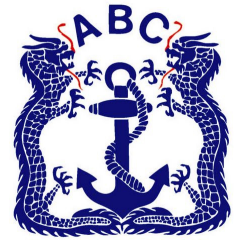


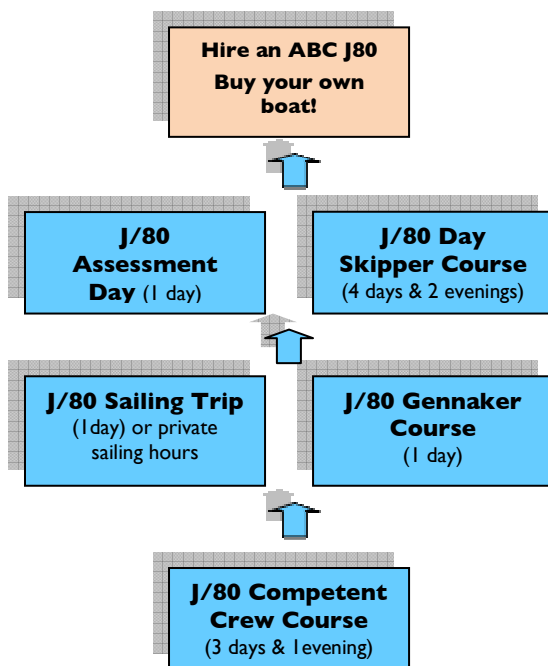


ABERDEEN BOAT CLUB  
20 Shum Wan Road  
Aberdeen, Hong Kong  
Tel: 2552 8182  
香港仔遊艇會  
香港仔黃竹坑深灣道二十號



## J/80 Keelboat Assessment Day

This one day course is designed to introduce **club members** to our J/80 keelboats and is open to those who have keelboat sailing experience, but feel they need a practical session to refresh their skills and introduce the J/80. The day will include a run-through of safety and rigging, and practical on-the water exercises to ensure sailors are capable and proficient at handling the boat. **On completion of the day, applicants who demonstrate sufficient ability may apply to be added to the club hiring list for the J/80 Keelboats.** Note that this approval is not automatic; a high standard of seamanship is required and to that end not all those who attend the day may be eligible. (As an incentive to club members, this day is charged at an 18% discount compared to other J/80 activities)



An application form is attached with this letter; please read carefully and complete and return to the ABC office to register. **Please note that once your application has been received, the deposit is non-refundable.** Normally, booking priority will be given to ABC members. ABC courses and activities normally start at the ABC Main Club. Meet the course instructor at 9.00am at the coffee shop. You may easily reach the ABC main clubhouse by taxi or by bus; the address in Chinese is shown above. The main Sham Wan bus station is directly opposite ABC.

Our courses are taught in English, but a bi-lingual instructor may be requested. Successful completion of the Assessment Day does not result in the award of a certificate, but sailors may include hours in their personal logbooks.

The scheme illustrated to the left gives an idea of how to become an experienced sailor and be able to skipper your own boat!

The activity will be cancelled if a Typhoon Signal No. 3 is raised or a Black or Red Rainstorm warning is in force 1 hour before the course start time. With any cancellation a rescheduled date will be offered. All participants must wear buoyancy aids or lifejackets which are supplied by ABC, but they may also bring their own as appropriate. It is required that participants are able to swim and have confidence in the water. The course will still go ahead if the Thunderstorm Warning is issued, but on the water activities may be delayed if there is a storm in the local area.

You are reminded the participants should bring the following:

- ❖ Sailing Clothes – i.e. shorts and T-shirt that you don't mind getting wet. In the autumn and spring as it is cool you are *strongly advised* to bring a *windproof jacket* and *extra layers* to wear. In winter months it can be surprisingly cold and proper and appropriate sailing gear is recommended.
- ❖ Towel and full change of dry clothes for after sailing (you may not get wet, but just in case!)
- ❖ Canvas sailing shoes, sandals or appropriate boating shoes. Flip flops are not recommended
- ❖ Sun burn protection. Even on cloudy days it can be necessary to wear sun block and a hat can be very useful.
- ❖ Sailing gloves are helpful if it is a windier day. If glasses are needed at all times, a sport glasses retaining strap is useful so that the glasses are not lost! A peaked cap is also very helpful, and recommended.

Lunch and drinks: The Instructor may arrange to stop the session for lunch at Middle Island or some other location after agreement with those attending. A packed lunch may also be brought along if desired; arrangements will be agreed by the group and course instructor prior to the start of the day.

# APPLICATION FORM – J/80 Keelboat Assessment Day

Please enter the date of your desired course: \_\_\_\_\_

Name of participant: \_\_\_\_\_

Telephone: Office \_\_\_\_\_ Mobile: \_\_\_\_\_ Other family member\* \_\_\_\_\_

\* Note for safety reasons we require a telephone number that will be in use during the course time

Email Address (please print clearly): \_\_\_\_\_

Mailing Address (please print clearly): \_\_\_\_\_

ABC Member: Please debit my A/C No: \_\_\_\_\_ with:  
Non-refundable booking deposit: HK\$295  
Remaining course fee charged following course completion: HK\$295 (**Total amounts to HK\$590**)

\*Please be reminded that once your application has been received, the booking fee is non-refundable. This is because we need to book the required Instructor and resources well in advance. Cancellations after deadline will be charged the full course fee.

As part of the course, I understand that ABC may photograph participants sailing, and I agree that such photographs may be taken, and on occasion used to promote the courses and sailing activities within the Club.

Normally, after courses we would like to stay in touch with you and sometimes send you e-mails to let you know about other relevant courses and activities. If you do   
**NOT** wish to receive occasional e-mails from ABC, please indicate by ticking here:

It is important that you notify us of any medical condition that may be relevant to you attendance or any medication that may be needed. This information will be treated in confidence:

Please summarise your existing keelboat sailing experience: \_\_\_\_\_

## Indemnity

I \_\_\_\_\_ agree that if I suffer damage, death or personal injury from whatever cause as a result of my participating in the indicated course, I shall not hold the Aberdeen Boat Club or the Course Instructor liable for such damage, death or personal injury and I make this agreement in full knowledge of the risks inherent in sailing. I also hereby confirm that I can swim.

Signed \_\_\_\_\_ Date \_\_\_\_\_  
(Please print out and sign here)

Please complete and forward this form to:

ABERDEEN BOAT CLUB  
Angela Ho, Sailing Secretary  
Administration Office  
20 Shum Wan Road  
Aberdeen, Hong Kong

**FAX:** 2873 2945

**E-mail:** [Sailing\\_Secretary@abclubhk.com](mailto:Sailing_Secretary@abclubhk.com)