ABERDEEN BOAT CLUB
20 Shum Wan Road
Aberdeen, Hong Kong
Tel: 2552 8182
香港仔遊艇會
香港仔黃竹坑深灣道二十號

Introduction to RS Feva Gennaker Sailing

To be accepted onto our Introduction to RS Feva Gennaker Course, participants need to be aged between 11 and 18 years old, and have passed an RS Feva Introduction Course, or be able to show experience sailing an RS Feva. Booking priority will be given to ABC members who book 4 weeks in advance of the course start date; places are strictly limited, so do book early. **Please note that once your application has been registered the deposit is non-refundable.**

This 2 day course aims to equip those already familiar with the RS Feva to start using the third, downwind "Gennaker" sail. Correct techniques will be taught, sail care and safety issues covered, and of course, lots of practice. Completion of this course will allow ABC members to hire the RS Feva complete with the Gennaker. It is also a required step for those who wish to race the Feva's competitively, and perhaps be considered for the ABC RS Feva Racing Team, more details of which are on our website or available by request.

An application form is attached with this letter; please read carefully and complete and return to the ABC office to register for the course of your choice. Non members should send the form together with a cheque, members may FAX or e-mail the form to SailingSecretary@abclubhk.com.

All ABC Sailing Courses take place at the ABC Clubhouse at Middle Island, which is situated between Deep Water Bay and Repulse Bay. The easiest way to reach Middle Island is by taking a club ferry directly from our main clubhouse at the address above. You may easily reach the ABC main clubhouse by taxi or by bus; the address in Chinese is shown above. The main Sham Wan bus station is directly opposite ABC.

You should meet around 8.45am at the main clubhouse so that the group can travel to Middle Island together on the 9am club ferry. The exact course schedule may vary according to the weather conditions, but we will concentrate on high performance sailing skills and use of the Gennaker. The course will be run by an experienced, qualified instructor. Generally courses are taught in English, but a bi-lingual instructor can be arranged on some dates; please enquire if you prefer a course in Cantonese. At the end of the course, successful participants will be awarded an ABC RS Feva Gennaker Certificate.

Sessions will be cancelled if a Typhoon Signal No 3 is raised or a Black or Red Rainstorm warning is in force 1 hour before the course start time. With any cancellation a rescheduled date will be offered. All participants *must* wear buoyancy aids which are supplied by ABC, and we also have helmets available for use. It is *required* that participants are able to swim and have confidence in the water. The course will still go ahead if the Monsoon Warning or the Thunderstorm Warning is issued, but on the water activities will of course *not* take place if there are any thunderstorms in the local area.

You are reminded the participants should bring the following to Middle Island:

- Sailing Clothes – i.e. shorts and T-shirt that you don't mind getting wet. In the autumn and spring as it is cool you are *strongly advised* to bring a *windproof jacket* and *extra* layers to wear. In winter months it can be surprisingly cold and waterproof trousers or even wet suit will be very helpful.
- Canvas sailing shoes, sandals or wet suit boots – NOT trainers, leather boating shoes or flip flops.
- Towel and full change of dry clothes for after sailing
- Sun burn protection. Even on cloudy days it can be necessary to wear sun block and a hat can be very useful.
- Sailing gloves are helpful if it is a windier day. If glasses are needed at all times, a sport glasses retaining strap is useful so that the glasses are not lost!

Lunch and drinks: These may be ordered at the main clubhouse in the morning and will be delivered to Middle Island at lunch time. Non members may purchase using coupons which are available for sale at $100 per booklet. During school holidays and weekends The Middle Island Coffee Shop will also be open; drinks and snacks; sandwiches, noodles, barbecue items, ice cream and other items are available.

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This is a fill-able PDF; you may type onto this form

Please enter the dates of your desired course: _____

Name of participant: _____ Age _____ Name of Parent _____

Telephone: Mobile _____ Home* _____ Other family member* _____

* Note for safety reasons we require a telephone numbers that will be in use during the course time

Email Address: (please print clearly): _____

Mailing Address (please print clearly): _____

_____

☐ ABC Member: Please debit my A/C No: _____ with **HK$1,060**

☐ Non-member: I enclose a cheque made payable to "Aberdeen Boat Club Limited" for **$1,592**

***Please be reminded that once your application has been received, a booking fee of 50% is non-refundable.** This is because we need to book the required Instructor and resources well in advance.
Cancellations after deadline will be charged the full course fee.

As part of the course, I understand that ABC may photograph participants sailing, and I agree that such photographs may be taken, and on occasion used to promote the courses and sailing activities within the Club.

Normally, after courses we would like to stay in touch with you and sometimes send you e-mails to let you know about other relevant courses and activities. If you do NOT wish to receive occasional e-mails from ABC, please indicate by ticking here: ☐

It is important that you notify us of any medical condition that may be relevant to you attendance or any medication that may be needed. This information will be treated in confidence:

_____

Indemnity

I _____ am the parent / guardian of the above mentioned participant, and I agree that if they suffer damage, death or personal injury from whatever cause as a result of him / her participating in the indicated activity, I shall not hold the Aberdeen Boat Club or the Course Instructor liable for such damage, death or personal injury and I make this agreement in full knowledge of the risks inherent in sailing. I also hereby certify that my child can swim.

Signed _____ Date _____
(Use digital signature or print out and sign here)

Please complete and forward this form to:
ABERDEEN BOAT CLUB
Angela Ho, Sailing Secretary
20 Shum Wan Road
Aberdeen, Hong Kong
BY FAX: 2873 2945
E-mail: SailingSecretary@abclubhk.com